

HELLO!

NUMBER 1945 • 8 JUNE 2026 • £4.25

'SHE NEVER SHIES
AWAY FROM HER
DUTIES... IT HOLDS
THE INSTITUTION
TOGETHER'

A ROYAL ROLE MODEL

HOW THE INDOMITABLE
ANNE IS HELPING THE
FAMILY THROUGH ONE OF
ITS TOUGHEST ERAS

PLUS: HER
ROCK-SOLID
PILLAR OF
SUPPORT

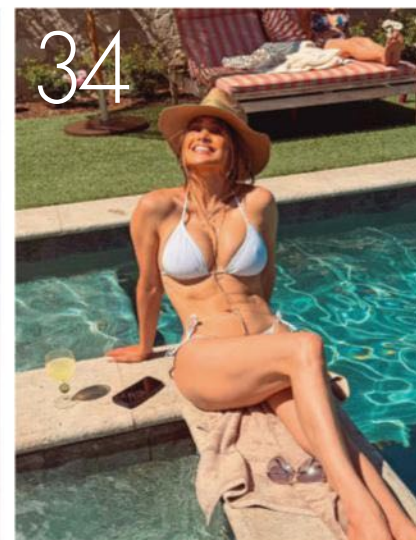


PETER & HARRIET
COUNTDOWN TO
THE WEDDING
REUNITING
THE FIRM



Spain 6.50€ Canary Islands 6.50€ Portugal (CONT) 6.50€
Germany 12.40€ Italy 7.99€ Greece 7.99€ Austria 14.20€
France 7.99€ Switzerland 15.80CHF Luxembourg 14.00€

EXCLUSIVE MICHAEL CRAWFORD'S AMAZING COMEBACK AT 84



THIS WEEK

PEOPLE IN THE NEWS

- 4 ELICIA CASTALDI** The illustrator opens the doors to her stunning Los Angeles home, bought from a British music legend
- 24 MICHAEL CRAWFORD** reveals that **ANDREW LLOYD WEBBER** wants him to make a comeback at 84
- 28 NADIYA BYCHKOVA** plans her next move following her shock exit from *Strictly Come Dancing*
- 34 JENNIFER LOPEZ** is among the celebrities soaking up the sun
- 40 ROSIE TURNER** Why she gave up a career as a top model for horseracing, presenting – and now motherhood
- 48 THE KING** delights patients with a surprise visit to a cancer centre in York

- 50** ... as he prepares to open a garden at Windsor Castle inspired by Venus
- 52 COVER STORY THE PRINCESS ROYAL** How the indomitable royal is steadying the ship in difficult times
- 58 LOUISE PRAGNELL** The acclaimed artist tells us what it's really like to paint the royal family
- 60 PETER PHILLIPS and HARRIET SPERLING** We look ahead to the royal wedding of the year
- 66** ... and present our essential A-Z guide to the couple's nuptials
- 77 SHAZIA MIRZA** The comedienne explains how daring to pursue a new career and fulfilment upset her parents
- 78 ALAN CUMMING** Why the actor is

splitting his time between a remote Highlands theatre and *The Traitors* US

REGULARS

- 17 INSIDE STORIES** This week's most glittering celebrity outings
- 20 HELLO! VIP MEMBERSHIP** Join our exciting new community
- 46 THE ROYAL BRIEF** All the best from the royal diaries
- 76 7 DAYS** Celebrity news in brief
- 82 CULTURE** The Britain's Got Talent star **SYDNE CHRISTMAS** opens up about a special royal encounter
- 92 PUZZLES** Tea-break teasers
- 99 A RIGHT ROYAL PODCAST** Sign up for *The Real Diana*, our latest live event

STYLE & LIVING

- 85 STYLE** All you need for warmer weather
- 86 FASHION** Hit a winner with our Wimbledon-inspired looks
- 88 ANGELA SCANLON** explains how bare nails are her quiet rebellion
- 90 WELLNESS** It's time to supercharge your hydration ahead of summer
- 91 AMELIA WINDSOR** Our columnist's latest planet-friendly picks
- 93 COOKERY** Delicious, wholesome recipes from Honey & Co
- 96 TRAVEL** Make like **THE PRINCE** and **PRINCESS OF WALES** with an exclusive break in the Seychelles
- 98 NICKY HILTON ROTHSCHILD** The heiress shares her essential luxuries

FOUNDER Eduardo Sánchez Junco
CHAIRMAN & EDITORIAL DIRECTOR
Eduardo Sánchez Pérez
CHIEF EXECUTIVE OFFICER
Javier Junco Aguado

EDITORIAL
CHIEF CONTENT OFFICER
Sophie Vokes-Dudgeon
EDITOR Jessica Callan
DEPUTY EDITOR Emily Maddick

ASSOCIATE EDITOR George Stark
FEATURES EDITOR Miranda Thompson
DEPUTY FEATURES EDITOR Sophie Hamilton
ROYAL EDITOR Emily Nash
NEWS DIRECTOR Laura Benjamin
ROYAL & FEATURES CONTRIBUTOR
Tracy Schaverien
SOCIETY EDITOR AT LARGE
The Marchioness of Bath
VISUALS DIRECTOR Nathan Higham-Grady
SENIOR PICTURE EDITOR Becky Cox

PICTURE RESEARCHER Kelly Prawl
DEPUTY PICTURE EDITOR Sharon Mears
ART EDITOR Blue Buxton
LIFESTYLE ART EDITOR Amy Reiter
SENIOR DESIGNER Linda Millard
PRODUCTION DIRECTOR Trish McCaffrey
PRODUCTION EDITOR Ria Hopkinson
HEAD OF FASHION Becky Donaldson
HEAD OF BEAUTY Cassie Steer
DEPUTY BEAUTY & LIFESTYLE EDITOR
Melanie Macleod

ECO COLUMNIST Amelia Windsor
SECOND ACT COLUMNIST Mariella Frostrup
HEAD OF TRAVEL Penny Walker
TRAVEL EDITOR AT LARGE Katie Bowman

DIGITAL
DIGITAL CONTENT DIRECTOR
Andrea Caomai
WEBSITE EDITOR Kate Thomas
SENIOR DIGITAL DESIGNER
Lauren Connolly

BUSINESS & COMMERCIAL
020 7667 8749
CHIEF REVENUE OFFICER Tamsyn Spire
HEAD OF BRAND & CREATIVE SUITE
Deborah Field
HEAD OF DIGITAL MARKETING & CUSTOMER
ACQUISITION Catherine Kinch-Willis
STYLE & COMMERCE DIRECTOR
Tanya Philipson
CLIENT BEAUTY DIRECTOR Kirsty Dale
CLIENT TRAVEL DIRECTOR Antony Powell

COMMERCIAL DIRECTORS Chloe Hall,
Claire Gibbins, Natasha Rosenbaum
COMMERCIAL ACCOUNT MANAGER
Sofia Di Paola
CREATIVE PROJECT DIRECTOR Annie Tidd
PROJECT MANAGER Dulcie Troup
CREATIVE CONTENT WRITER Josie O'Brien
PROJECT CO-ORDINATOR Ellie Hind
DESIGN & PRODUCTION Ashleigh Swaile
SYNDICATION hellosyndication@hola.com
IT MANAGER Imran Zia

HELLO! LTD 230 Blackfriars Road, HELLO! Magazine, Floor 4, London SE1 8NW NEWS STORIES: news@hellomagazine.com BACK ISSUES: 01858 438 430 SUBSCRIPTIONS: 01858 438 430 or email hello@subscription.co.uk



If you have any concerns or wish to make a complaint about anything you have read in this issue, please email digitalteam@hellomagazine.com and your email will be responded to as soon as possible. HELLO! magazine is regulated by IPSO, the Independent Press Standards Organisation, which can be contacted by email: complaints@ipso.co.uk or by post: Independent Press Standards Organisation, 10 Eastcheap, London, EC3M 1AJ. IPSO's Editors' Code of Practice can be found at ipso.co.uk/IPSO/cop.html



Distributed by MarketForce (UK) Ltd, 121-141 Westbourne Terrace, London W2 6JR. Email: mfcommunications@futurenet.com. Printed in the UK by Walsley UK and in Australia by IVE Group. hello! is a trademark of HOLA, S.L. Depósito legal: M 16.334-1988. © HELLO! All rights reserved. Reproduction in whole or in part without written permission strictly prohibited. Registered as a newspaper at the Post Office. US Post Only: usmail (ISSN 0214-3887) (USPS #002-822) is published weekly by usmail Ltd. Periodicals postage paid at West Caldwell, NJ and additional mailing offices. POSTMASTER: Send address changes to: HELLO! U.S. INC. 2153 Coral Way Apt 400, Miami, FL 33145. South Africa: printed by Novus Print (Pty) Ltd and distributed by On the Dot Supply Chain Management (Pty) Ltd. Head Office: 10 Freedom Way, Milnerton, Western Cape 7441. Call centre and subscriptions: +27 87 353 1294; email hello@onthedot.co.za

Boots



Quality you trust,
prices you'll love

Always read the label. In selected stores and online. Subject to availability



An aerial photograph of a large, two-story white house with a dark grey tiled roof. The house features a balcony with a white balustrade and large windows. A red classic car is parked on a paved driveway to the left of the house. In the foreground, there is a swimming pool with a light-colored deck and two black lounge chairs. The house is surrounded by lush green trees and a hillside in the background.

FRESH PRINTS OF BEL AIR

The illustrator and designer Elicia Castaldi and her husband, David Kokakis, invite us into their glorious LA home, which they bought from a British music legend



Elcia Castaldi
and David
Kokakis bought
their Bel Air
home from
Engelbert
Humperdinck
in 2022



The cinema room, adorned with paintings by the renowned French artist Lionel Garner. Above, the entrance hall, with its chequered floor of Bardiglio Nuvolato marble, is reminiscent of a French chateau

When she was about ten years old, Elicia Castaldi had a very special chauffeur: her grandfather. During the summers in her native Rhode Island, he would drive her to the country club and swimming lessons.

To make the journey a bit more fun, he'd play a cassette. He had four or five he loved, but his absolute favourite was His Greatest Hits by the English singer Engelbert Humperdinck. They both sang along and those moments together remain one of her most cherished memories.

Years later, that little girl is now a celebrated artist and designer with a string of prestigious awards and her own lifestyle brand, Girl w/ Knife.

Since 2018, she has designed and produced stationery, candles and textiles that can be found in shops worldwide. And in a twist of fate, she now lives in the very same Los Angeles mansion that Engelbert Humperdinck previously lived in, which was built in the Nineties. ▶



Elicia grew up listening to Engelbert Humperdinck with her grandfather, while David is chief counsel for Universal Music Publishing Group



Elicia in the home's library. The kitchen features a Cambria Mersey-style quartz island and a professional La Cornue range cooker; below, an overview of the library



"I adored my Grandpa JP," Elicia says. "His father emigrated from Campania in Southern Italy, and JP, along with his siblings, went on to found the family business, Ideal Knife Company. Among other things, they manufactured Swiss Army-style pocket knives, which were staples for outdoor adventures for adults and children alike. "In homage to them, and because I spent so much of my career creating collages with a scalpel, I decided to call my company Girl w/ Knife. I never could have imagined our childhood musical journeys would eventually connect me with the star who sang our songs."

STARTING FRESH

Elicia is married to David Kokakis, who is chief counsel for Universal Music Publishing Group. Three years ago, they owned another beautiful property in Bel Air – five minutes after selling it, Elicia felt a pang of regret.

"It's what they call 'seller's remorse,'" she says. "We immediately started looking for a new home in the area. We found one practically next door. They say buying a house is always emotional, and, in most cases, it's love at first sight, just like in a romantic relationship. The moment we stepped into the entryway, we knew."

In those first few days, the couple had no idea who the property belonged to. Although the press had reported that Humperdinck was selling his mansion, they "didn't make the connection".

It was only when completing the final paperwork for the sale that they decided to make another visit to the property. And who was there? Engelbert Humperdinck himself.

"I told him all about those car trips with my grandpa," Elicia says. "He thought the story ►



The master bedroom features a velvet sofa with cushion covers designed by Elicia; her cat, Princess Vespa, fits in perfectly with the colour scheme. Below, the main living room, which connects to a more intimate sitting room with garden views. Right: Elicia in her at-home design studio, wearing a pair of shoes from her extensive collection





was so charming. Later, for my birthday in 2023, David surprised me with tickets to his concert at the Saban Theatre in Beverly Hills.

“The place was packed with women – they call themselves ‘Humperdinckers’ – and I became one of them. He has such enormous talent.”

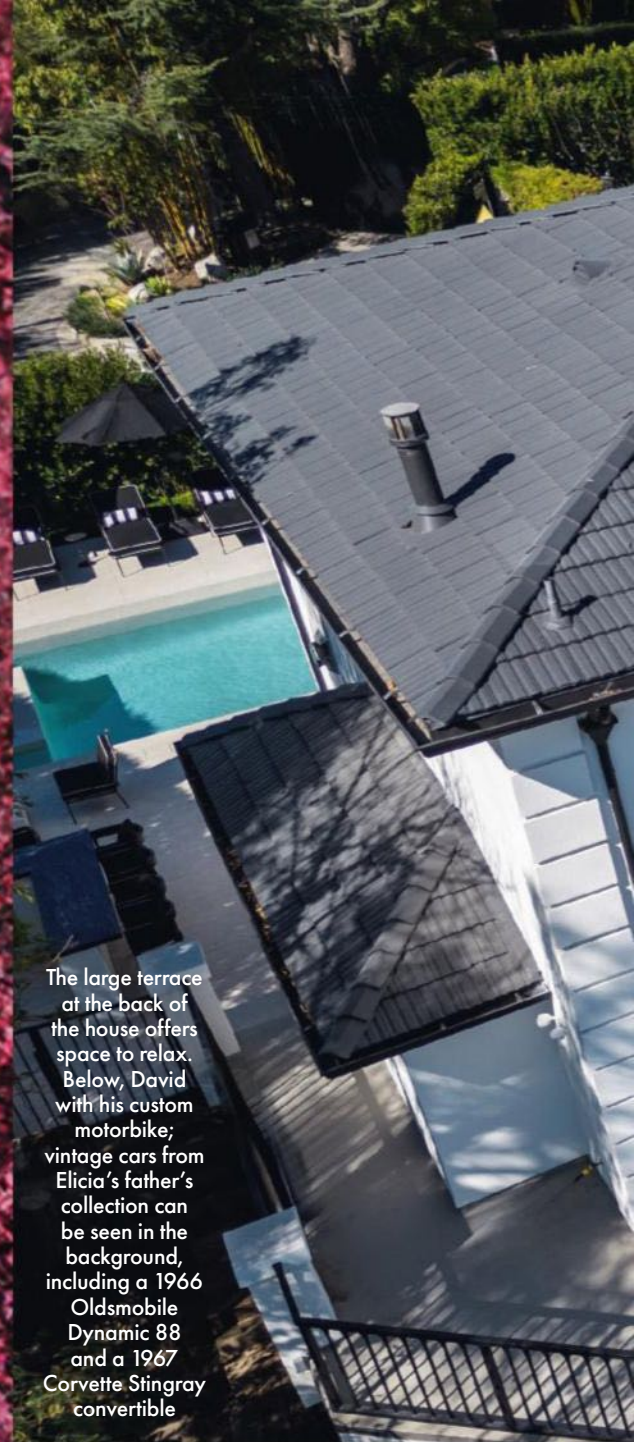
TWO YEARS OF RENOVATIONS

The refurbishment of the home took two years. With Elicia busy building her brand and David defending his firm’s clients, some might wonder why they would choose to renovate when they could have just stayed put.

“We’ve certainly thought that more than once!” Elicia says. “But we are both passionate about the process of transformation. We suddenly found ourselves craving a more formal home.

“After our Palm Springs house, which was a colourful Sixties fantasy, we wanted something more understated, with a French influence. Classic black-and-white, without abandoning my favourite colour, pink, in subtle touches – not an intense ‘chemical’ pink, but a soft, powdery rose, the almost-white kind of pink that you only find in nature.” ▶





The large terrace at the back of the house offers space to relax. Below, David with his custom motorbike; vintage cars from Elicia's father's collection can be seen in the background, including a 1966 Oldsmobile Dynamic 88 and a 1967 Corvette Stingray convertible

The renovation was a feat of coordination for the couple. Typically, either Elicia or David would arrive first thing in the morning to speak with the building team, and return in the evening – either together or alone, depending on their schedules – to inspect the progress.

“The house turned out exactly as we envisioned,” Elicia says. “Because it was an ongoing process, we curated the furniture over time and kept it in my warehouse in Palm Springs.

“This is our fifth home renovation together, and it inspired me to launch a new branch of my business, Knife/House, where I can offer my design expertise to anyone who shares my tastes.”

RELATIONSHIPS AND MEMORIES

Elicia is currently expanding Girl w/ Knife's product range with a new candle, Angelic Outlaw, a tribute to her father. It carries a scent that reminds her of him, with notes of a garage as she inherited his vintage cars that they both loved.

Her other collections are inspired by the likes of her best friend, the astrologer Francesca Vuillemin – almost everything Elicia creates is rooted in personal memories.



She is also developing a line of roll-on fragrances, alongside silk scarves and headbands.

"I'm thrilled because over the last two years, the business has doubled in size through direct sales," Elicia says. "I've always relied solely on national and international distributors, mostly female owners and chief buyers, whom I love working with. But now, I've added an even more personal connection with my customers."

"In a world dominated by Amazon, I truly value it when someone makes the effort to buy directly from my website. I include a handwritten note with every package, and my team wraps every purchase beautifully. People really appreciate that extra care; it's so rare nowadays."

Where does she find the time for all of this?

"It's down to being organised – and because we don't have children," she says. "Though we do have our cat, Princess Vespa."

"But above all, I have the most incredible husband I could ever dream of. He believes in me. We made a pact years ago: when we work, we work intensely. We both have demanding careers, so if one of us is facing a deadline, the other gives them space." ►





In a house where each has their own office, and the gym and sauna are tucked away on the lower levels, nobody gets under anyone else's feet.

"It's a perfect environment for working," Elicia says. "David leaves for the office early and I retreat to my study. I get so absorbed that before I know it the sun is setting, David is almost home and I haven't moved from my chair."

"I spend the day in a sort of trance, which tends to happen to creative people."

THE PREVIOUS RESIDENT

What would the home's former owner think of its new layout? The couple have relocated the kitchen and the bar, moved the laundry to the basement and replaced several walls with vast picture windows. Now, there are views stretching all the way to the mountains on the horizon.

Engelbert Humperdinck, who turned 90 in May, had promised to visit, and shortly after his birthday last year he did indeed drop by with his family. He was delighted by the transformation. They marked the occasion with cupcakes and a chorus of Happy Birthday.

He shared a whole host of anecdotes with them as the hours flew by. The afternoon ended with an invitation to his concert in Los Angeles – a heartwarming tale of how a house can bring people together. **H**

INTERVIEW: VICTORIA DE ALCAHÚD

PHOTOS: CESAR VILLORIA

DECORATION: ELICIA CASTALDI, DAVID KOKAKIS



A full-page photograph of a man and a woman standing on a terrace with a black metal railing. The woman, on the left, has long dark hair and is wearing a long, light-colored, sleeveless dress with a ruffled skirt. She is adjusting the man's tie. The man, on the right, is wearing a dark suit and is looking at her. They are standing on a light-colored stone or concrete terrace. In the background, there is a vast view of a valley with green hills and mountains under a sunset sky. In the foreground, at the bottom of the frame, there is a fire pit with bright orange and yellow flames.

‘THEY SAY BUYING A HOUSE IS EMOTIONAL... IT’S
LOVE AT FIRST SIGHT, JUST LIKE IN A RELATIONSHIP’

Elicia Castaldi

Elicia and David
getting ready for
a night out as
the sun sets over
the mountains
in Beverly Hills.
Left, the ensuite
bathroom and the
drawing room,
which features a
bar and large glass
doors opening on
to the terrace

Save over £450* a year.

Tap into big savings on your
food shop with the Nectar app.



Sainsbury's
Good food for all of us

18+ Nectar app required. *Data from 19 Sept 2024 to 21 Sept 2025. Based on (a) average yearly savings earned by the top 20% of Nectar customers using Nectar Prices vs regular Sainsbury's prices for the same products, plus (b) the average weekly savings with Your Nectar Prices vs regular Sainsbury's prices, offered to digital Nectar customers; assumes each weekly Your Nectar Price offer is used once & multiplied by 52 for an average yearly saving.

THE INSIDE STORY



ALEXA & TOM RELAX IN FLORENCE

Alexa Chung and Tom Sturridge, her boyfriend of four years, proved that they are one of fashion's most stylish couples as they took in breathtaking views of Florence last week.

The model and the actor were in Italy to celebrate the launch of a new capsule collection by Net-a-Porter and the womenswear label Khaite. They seemed to be dressing in sync, both rocking all-black ensembles.

The glamorous bash attracted a stellar international crowd, with fellow front-row fixtures Gemma Chan, Olivia Wilde and The White Lotus star Meghann Fahy also in attendance.



TILDA CASTS A SPELL IN SEOUL

Tilda Swinton channelled the avant-garde elegance of the White Witch, her famous *Chronicles of Narnia* character, as she made an appearance in Seoul, South Korea, last week.

Attending the star-studded Chanel Métiers d'Art 2026 show, held at the new Centre Pompidou Hanwha, the Academy Award winner, 65, turned heads in a striking dress designed by the fashion house's creative director, Matthieu Blazy.

An ambassador for the French label, the actress has said of Matthieu: "His attitude, his spirit, is clear. There's something so inviting and so playful about the work, and that's a reflection of him."



TAYLOR AND TRAVIS SIT COURTSIDE

Taylor Swift and Travis Kelce enjoyed another high-profile date night, watching the NBA Eastern Conference Finals between the Cleveland Cavaliers and the New York Knicks.

The couple were spotted at the Rocket Arena in Cleveland as the Cavaliers attempted to secure their first win of the series.

Travis, who grew up in Cleveland Heights, appeared thrilled to be back at the Rocket Arena in Cleveland, cheering on his hometown team. He even took part in hyping up the crowd during the tense game.

The pop singer and the NFL star are expected to tie the knot this summer.

HELLO! | VIP



JOIN OUR VIP COMMUNITY

EARLY DIGITAL ACCESS
TO EVERY WEEKLY ISSUE

UNLIMITED ENTRY
TO THE HELLO! ARCHIVE,
COLLECTORS' EDITIONS
AND H! FASHION

VIP NEWSLETTERS
TAKING YOU BEHIND
THE SCENES

UNRIVALLED INSIGHT
FROM OUR ROYAL EDITOR

MEMBERS-ONLY
CONTENT INCLUDING
EXCLUSIVE PUZZLES

LIVE EVENTS AND Q&As
OR WATCH LATER
ON VIDEO



**SCAN NOW
TO JOIN**

THE INSIDE STORY



NAOMI SHIMMERS IN PARIS

Traditional tennis whites were definitely not on the cards for star player Naomi Osaka at the French Open last week.

The Japanese tennis champion opted for a series of jaw-droppingly glamorous outfits on court, including a sequined gold jacket and a dress inspired by the Eiffel Tower.

She also modelled a waistcoat and floor-length train that had been made by the designer Kevin Germanier from previous outfits that she had worn, removing it to reveal her sparkly gold sports kit.

Posting her creative looks on social media, she wrote: "YOU DON'T TAKE THESE TYPES OF RISKS."

THE INSIDE STORY



J-LO & BRETT ALL SET FOR THE OFFICE

Doing nothing to dispel swirling rumours of a romance, Jennifer Lopez and her co-star Brett Goldstein couldn't hide their smiles as they posed on the red carpet together.

The pair were attending the world premiere of their new Netflix film, *Office Romance*, at The Egyptian Theatre in Hollywood last week. J-Lo glowed in a black strapless Versace gown as she arrived with Brett, who is best known for his role in the series *Ted Lasso* and plays her love interest in the film.

The actress hasn't been shy when discussing her potential new beau, recently telling an interviewer: "I just did a movie with Brett Goldstein. I'd say he was the best kisser."

A full-length portrait of Dame Kristin Scott Thomas. She is standing in front of a large, lush arrangement of white roses and green foliage. She is wearing a short-sleeved, button-down dress with a vibrant green base and large white floral prints. Her hands are clasped in front of her, and she has a gentle smile. The background is a soft-focus grey wall.

KRISTIN'S ALL-ROUND TALENT

Dame Kristin Scott Thomas showcased her elegant style at a special London screening of her new film, *My Mother's Wedding*, at the Ham Yard Hotel.

The actress, 66, directs and stars in the comedy-drama, which she co-wrote with her husband, John Micklethwait.

Kristin plays Diana, a twice-widowed mother preparing to marry for the third time – a milestone that brings her three very different daughters together for the ceremony. Boasting a stellar cast, her daughters are played by Scarlett Johansson, Sienna Miller and Emily Beecham. The film is out now.



THE PHANTOM RETURNS

Michael Crawford reflects on his astonishing career – and reveals why Andrew Lloyd Webber wants him to make a comeback at 84

He won hearts as the hapless Frank Spencer in the Seventies sitcom *Some Mothers Do 'Ave 'Em* and achieved legendary status as the original Phantom in the musical *The Phantom of the Opera* in the Eighties. Now, at 84, Michael Crawford is pondering a return to performing after a period out of the spotlight.

"I had lunch with Andrew Lloyd Webber the other day; we're still great mates," he says of the English composer, who cast him in the principal role in *Phantom* in 1986.

"He's hinting that he wants me to do something... it may materialise, but I won't know for another few months. I've got to keep practising like crazy for it to be acceptable.

"I go to [singing] class – I've done three classes this week with my musical director, Nigel Lilley," he reveals in this exclusive interview with **HELLO!**. "I would love to do a one-man thing, looking back, so that I involve the audience and they think of their early life."

Before the Covid-19 pandemic, Michael had been planning a musical with the late West End producer Bill Kenwright. "He has sadly passed and that fell apart," he says.

HAPPY FAMILY

The star has lived in New Zealand since 2007 with his wife, Natasha MacAller, 68, a chef and former ballerina. Life with Natasha is "wonderful", he says, adding that "she's so good for me".

The couple moved to New Zealand to help Michael recover from chronic fatigue syndrome (ME), which he developed while performing in the musical *The Woman in White* in 2004.

"It was my fault – I wore this vast costume, and I lost so much water during every show that in the end my immune system broke down and I got ME," he says. "I ended up going to New Zealand and I was better within a year."

Now, the UK beckons. "I'm coming back here now because the journey's too much," he says. "But whenever it's warm, I go out there."

Along with a return to music, Michael is in talks with a production company to make a documentary



Michael as Frank Spencer – with Michele Dotrice as his wife, Betty – in *Some Mothers Do 'Ave 'Em* in 1973

As the original Phantom in *The Phantom of the Opera*, alongside Sarah Brightman, in 1986



about his life. "They've done Christopher Reeve, Paul McCartney and Bruce Springsteen," he tells us. "I'm handing [over] all my home videos, anything that may be of interest. Hopefully it'll work out well, but it'll take a bit of time."

Michael's career has spanned everything from Hollywood movies to modern musicals. "I played quite a few Americans early on," he says. "I did *The War Lover* with Steve McQueen [in 1962]; I got the part because my American [accent] was acceptable.

"He kept saying to me: 'Watch that limey accent, kid.' In those days, it was always 'kid' – it was never Michael or Mike."

HOLLYWOOD'S FINEST

Another star who gave Michael the same nickname was Gene Kelly. "He directed me in *Hello, Dolly!*, the film with Barbra Streisand and Walter Matthau," says Michael of the 1969 Academy Award-winning musical comedy.

"He was brilliant. He was fun, professional, very strict. I loved it. He taught me discipline. He believed in me. I only learnt about three years ago that [the movie executives] originally wanted to dub my voice because they didn't like the way I was singing, but Gene said: 'I want that voice.'"

In 1971, Michael was cast in *Some Mothers Do 'Ave 'Em*, which premiered two years later. A daredevil child and a fan of the "physical fun" of ►



Accompanied by his wife, Natasha MacAller, Michael receives a Kennedy Center Honor in December



the silent-film era, he was born to play the accident-prone Frank Spencer, and did his own stunts.

"I used to get into terrible trouble climbing on roofs and going along walls," says the star of his childhood. "Hanging on to the back of a bus, going along on roller skates... I said: 'I've done this before, but I wasn't paid for it.'"

The actor is still good friends with his co-star Michele Dotrice, who played Frank's wife, Betty. "I spoke to her yesterday," he says. "Michele was wonderful to work with; we became like brother and sister for the rest of our lives."

The role of the Phantom came in 1986, winning Michael both a Tony and an Olivier Award. "The Phantom was a man who'd never been loved, so he had all this inside him," he says.

"You go deep into yourself to find someone – a character who will be innocent, naive, but believable and hopefully likable – and make him absolutely real. Andrew Lloyd Webber allowed me to sing in that character. I wanted the audience to feel the soul of this man."

His co-star Sarah Brightman, with her delicate soprano voice, was exactly right for the part of Christine Daaé, Michael says.

"We got on beautifully, as we worked alone. The others, I just shouted at and screamed and killed," he laughs. "We haven't stayed in touch, but our paths cross every now and again. Nothing will change those early days."

After seeing one of the famous white Phantom masks that he wore to play the role valued at £20,000 on Antiques Roadshow, Michael keeps his remaining ten masks "safely locked away".

HIGHEST HONOUR

In December, the star received a Kennedy Center Honor from President Donald Trump in recognition of his artistic achievements. He was joined at the ceremony by his wife and his daughters, Lucy and Emma, from his first marriage to the actress Gabrielle Lewis. "It was such a special thing to happen," he says.

A doting father, Michael also extends his caring nature to others. Since 1987, he has been the president of The Sick Children's Trust, a charity that provides nearby accommodation for parents with a seriously ill child in hospital.

There are ten Homes from Home located near major UK hospitals, and in May Michael joined supporters and staff for a ceremony at Bradford Royal Infirmary as the charity began construction on its new space.

"I meet a lot of families, and the parents are so appreciative," Michael says. "Being able to stay close to their child during treatment makes a world of difference."

The actor has experienced frightening incidents of his own. Aged nine, he had his tonsils removed, and he recalls how his mother was two hours late to collect him. "I sat on the bed so distressed, thinking I'd been left. There was blood all over the sheet and my gown. I thought I'd lost my mother."

Later, one of his daughters fell ill with meningitis, aged six, while Michael was in a show in London. She was admitted to hospital in Portsmouth. "I travelled down every day; my wife stayed at her bedside," he says.

Drawing on the wisdom of decades as a top-level performer, Michael ends our interview with some invaluable advice. "Always believe in yourself," he says. "We can all do more than we think we can."



INTERVIEW: SOPHIE HAMILTON

To support the new Home from Home at Bradford Royal Infirmary, visit sickchildrenstrust.org



Michael with Phantom
composer Andrew
Lloyd Webber and his
former co-star Sarah

Facing page:
promoting the musical
Barnum in 1981; and
with Barbra Streisand
in 1969's Hello, Dolly!

PHOTOGRAPHER: DANNY CRAVEN
STYLIST: LAURA SECO

Blazer, Sandro; shirt,
The Frankie Shop;
jeans, Agolde

Facing page: Nadiya
stars in Strictly Come
Dancing last year



'LIFE HAS A WAY OF GUIDING YOU'

Following Nadiya Bychkova's shock departure from Strictly Come Dancing, she opens up about saying goodbye, her future plans and spending more time with her daughter

Nadiya Bychkova is putting her best foot forward following her unexpected departure from *Strictly Come Dancing*. The Ukrainian ballroom star has been a firm fan favourite for nearly a decade, meaning that her exit amid the show's recent cast shake-up came as a surprise to many.

But in her first interview since the announcement, Nadiya, 36, tells **HELLO!** that she is not only embracing the bright side of this new chapter but also planning a triumphant return to the ballroom.

During our exclusive photoshoot on a beautiful spring day, she appears entirely carefree and joyous as she poses in London's historic Chelsea Physic Garden. Yet, behind the radiant smile, she has surely had to navigate a whirlwind of emotions. So, how did she feel when she found out that she was being let go from *Strictly*?

"In general, my mentality is that I think life has its way of guiding you and finishing things when they need to be finished," she says. Clearly feeling philosophical about the decision, she adds: "When things are coming to an end, of course, it's emotional and you kind of go: 'Oh.' Like, this

is the end of this chapter. So you do feel those emotions you go through."

Nadiya joined the series in 2017, when she was paired with the *EastEnders* actor Davood Ghadami, and went on to dance with stars such as the singer Lee Ryan, the footballer David James, the journalist Dan Walker and the musician Matt Goss.

"You do feel emotional about things that are ending, but it's a good emotion of carrying on with the next thing that is coming," she says.

"I'm feeling very excited about new things, exciting projects – and, obviously, feeling incredibly grateful for nine years on the show."

NEXT CHAPTER

As well as touring with a new live dance show, *Jukebox Idols*, with the vocal group The Overtones, Nadiya also lets slip that conversations with *Strictly* producers are still being held, despite her exit.

When asked if she would consider returning to the BBC show – which will be hosted from next season by the presenter Emma Willis, the comedian Josh Widdicombe and the *Strictly* professional dancer Johannes Radebe – Nadiya ►



tells us: “Absolutely,” adding: “It is absolutely [on the cards]. We are talking about, hopefully in the future, me coming and choreographing some of the pro numbers.”

“The team have known for years how passionate I am about creating things and choreographing. Lots of producers came to watch shows that I did myself.”

“This is the natural thing to do, because of what I love and want to do. It would be beautiful to see some of my creations and stories [that] I want to tell through dance on Strictly one day.”

CHANGING FACES

When it comes to the show’s new hosts, Nadiya believes that they will “bring something really fresh and exciting to the show”, adding that she is proud of Johannes.

“It’s lovely to see him stepping into such a big role. Audiences connect with him because he brings warmth, authenticity and joy. It’s wonderful when dancers are given opportunities to grow beyond just one role; we all evolve creatively.”

Nadiya’s only advice for the newcomers is to be present and enjoy the ride. “I’m not a presenter, so it’s not for me to give advice,” she says. “But ►

A full-page portrait of a woman with long, wavy blonde hair and light green eyes. She is wearing a navy blue and white vertically striped button-down shirt. Her arms are crossed over her chest, and she is smiling slightly at the camera. The background is a soft-focus outdoor setting with green foliage and warm, golden bokeh lights.

Shirt, Ralph Lauren

Facing page:
Top and trousers,
The Frankie Shop



it's genuinely such a brilliant, huge piece of TV and it's incredible to be part of it."

In the midst of all the change, Nadiya reveals that she made lifelong friends on *Strictly*, including its former hosts, Tess Daly and Claudia Winkleman. "You create such amazing connections with people you've been working for," she says of keeping in touch with the pair.

"I've been working with both of them for nine years; you grow close. We're reaching out to each other all the time."

"Claudia's been amazing with *The Traitors* and her own show, and Tess has been incredible doing her new things and being a designer and hosting other things. [We're supporting] each other and celebrating."

She also remains close to *The X Factor* winner Alexandra Burke, who competed in *Strictly* in the same year Nadiya began her time on the show. "She's my best friend and we're like family, so this is definitely one of the beautiful gifts that the show gave me," Nadiya says.

"I'm really close to [former *Strictly* professional] Janette [Manrara], too – I've known her since we were growing up in Slovenia."

In 2022, Nadiya confirmed that she was in a relationship with her *Strictly* co-star Kai Widdrington. Although they are no longer together, she prefers not to discuss her romantic life, except to say that it was something she "navigated professionally" while on the show.

MOTHER-DAUGHTER TIME

If there is a silver lining to Nadiya's unexpected *Strictly* exit, it is the precious time it has given her to focus on her favourite role: being a mother. She is clearly relishing every extra moment spent with Mila, her daughter with her former fiancé, the Slovenian footballer Matija Škarabot.

"I will have the first August with my daughter," she says happily. "Mila is nine years old and I have been on the show for nine years."

"So August has been one of the toughest months, because it's when we would prepare all the group numbers and it was full-on, but it would be the summer holidays for Mila, and then she would start school."

Mila is already following in her mother's footsteps, competing in dance competitions, and Nadiya says that she would love to see a full-circle moment if her daughter one day joined *Strictly*, especially if there was a junior spin-off.

"If it's something she would want to do, absolutely, yes, I would support that," she says, adding that her daughter has grown up with the show. "It was lovely to see her falling in love with *Strictly*. She's dancing now and she loves it."

Mila recently competed in a dance competition in Blackpool and reached the final. "It's so special," Nadiya says. "It opens up creativity in her and it's just wonderful."

Will Nadiya be watching *Strictly* when it returns this year? "I don't know if I'll have time to watch it," she laughs. "But I'll watch it on catch-up with Mila. It's a big part of my family life, and it's a big part of my life and a big chapter. So absolutely, I'll be tuning in."



INTERVIEW: GEORGE STARK
HAIR & MAKE-UP: LYDIA BARNES



Nadiya with her daughter Mila; and (right) with her former partner, *Strictly* dancer Kai Widdrington



Coat, KASSEL Editions;
blouse, Ganni; jeans,
Anine Bing

Far left: Dress,
Wardrobe NYC; belt
and shoes, Toteme





PACKED WITH STYLE

Lady Beckham and her daughter Harper share a holiday wardrobe in Ibiza while Hollywood stars catch the rays Stateside

A full-page photograph of a young woman, Harper Beckham, and a man standing on a boat. Harper is in the foreground, smiling, wearing a brown floral halter dress and a gold clutch bag. The man is behind her, also smiling, wearing sunglasses and a white shirt. The background shows the boat's railing and some greenery.

HARPER BECKHAM

Following a rite of passage observed by countless teenage girls, Harper Beckham, 14, raided her mother's wardrobe while staying in Ibiza, borrowing a sundress only hours after Lady Beckham herself had worn it. The schoolgirl, who was holidaying with her parents, her brother Romeo and his girlfriend, Kim Turnbull, styled the floral dress with a Bottega Veneta clutch bag.



BELLA HADID

Bella Hadid looked as though she didn't have a care in the world as she made a chic appearance on the French Riviera. The 29-year-old supermodel was lauded for her fashion sense while attending the annual film festival in Cannes alongside Hollywood stars, and was later seen living her best yacht life off the coast while modelling some seriously stylish swimwear.



AYDA FIELD WILLIAMS

Ayda Field Williams and her husband, Robbie, did the Cannes Film Festival in style, splashing out on a stay at a luxury resort, the Hôtel du Cap. The couple flew to the French Riviera so that Robbie could perform at the amFar gala, with Ayda documenting the trip on social media. "Capping off at Du Cap," she wrote, posting images of her and her husband poolside.



LILY COLLINS

Lily Collins mixed business with pleasure while filming the final season of her hit show *Emily in Paris*. Posing for social-media snaps in a red and white blouse and shorts while perching on a railing in an idyllic Greek setting, she wrote on Instagram: “Annnnnnd we’re back – for the last time. @emilyinparis takes on Greece (and of course France) for one final, epic season.”

A full-page photograph of Jennifer Lopez sitting on the edge of a swimming pool. She is wearing a white string bikini, a wide-brimmed straw hat, and several necklaces. She is smiling and looking up at the sun. To her left, on the pool deck, is a glass of white wine, a smartphone, and a pair of sunglasses resting on a towel. In the background, there is a striped lounge chair and some garden plants.

JENNIFER LOPEZ

In a white string bikini that showed off her incredible figure, Jennifer Lopez soaked up the sun during the Memorial Day weekend. The actress and singer, 56, posted a series of summery shots on Instagram, including an image featuring her twins, Max and Emme, 18. "Spending the day with the people I love. Happy Memorial Day everybody," she wrote.



JANE SEYMOUR

Modelling a bright pink swimsuit, Jane Seymour expressed her love of the outdoors as she welcomed the warmer months. “Only five weeks until summer and already nature seems to be quietly preparing for it,” the actress, 75, wrote on Instagram. “More colour, more warmth, more life everywhere you look. I think there’s something deeply comforting about the rhythm of the seasons.”

PHOTOGRAPHER: DAMIEN HOCKEY

FIRST PAST THE POST

Rosie Turner tells us why she gave up a career as a top model for presenting – and motherhood – as she prepares for the Epsom Derby



For a decade, the racing presenter Rosie Turner lived a life that many girls could only dream of. At 15, she was scouted by five modelling agencies on a school trip to The Clothes Show. After being signed by Storm Management, she was sent to Paris to walk for Nicolas Ghesquière, then the creative director of the French fashion house Balenciaga; Rosie remembers fellow models fainting at the sight of him.

Two weeks later, she was in New York shooting for the brand, before becoming a cover girl for some of the biggest magazines in the world.

It was a world away from her childhood in the countryside, where she had grown up riding

horses from a young age – in fact, she was scouted while wearing a pair of jodhpurs and riding boots.

“I had no clue,” she says. “You’ve taken me from being on a farm to fashion. I didn’t know how to walk. I’d never worn heels or make-up in my life.”

In the “whirlwind” that followed, Rosie, now 30, juggled school and then university with shoots with the fashion photographer Tim Walker, campaigns for Selfridges and lavish industry events including parties with Robbie Williams.

She recalls going on a school trip to London and passing “massive billboards” with her face on them. “I remember the entire bus screaming

as we went past. I just hid under my seat going: ‘Oh my God, this is awful.’”

The vocation wasn’t for her. “I never wanted to be a model,” she says. “But I’m so grateful for the modelling industry because it’s got me to where I am now.”

Rosie also recalls spending years worrying about her weight. “I got down to 49kg and I was called fat. You think: ‘I might be phoned tomorrow and told to go to Paris and I’m not going to fit the clothes.’ I definitely starved myself. I’d go on the treadmill for hours on end.”

At the time, horses and racing offered a way out. At the Longines World Racing Awards, Rosie spoke to someone who asked if she had ►



Dress, Aspiga;
hat, Rachel Trevor
Morgan; shoes,
Emmy London;
earrings, Charlotte
Knapman Collections

Inset: Rosie in the
gallops in 2018,
preparing for the
Magnolia Cup at
Goodwood

ever thought about riding a racehorse. “The next day, he messaged and said: ‘Any chance you want to do the Magnolia Cup [charity race] at Goodwood?’”

Rosie signed the contract without telling her agency. “I knew they wouldn’t be happy, because I’d have to get strong and build some muscle rather than be super-thin,” she says.

She “loved” the experience, competing in the 2018 race and signing up to another charity race at Ascot the same year; she was thrilled to meet the Prince of Wales and the Duchess of Cornwall, as Charles and Camilla were then, when they handed out the prizes.

“I was lucky enough to shake their hands and say hello, and I got to go to the box afterwards,” she says. “They had so much time for all of us who had made an effort to raise money for the charity.”

NEW CHAPTER

The joy of racing – coupled with the Covid-19 pandemic, when “the whole world stopped” – prompted Rosie to quit modelling at the age of 24, after eight years in the industry.

“I was like: ‘I think I’m done,’” she says. “I was really worried about sending the email.”

At the time, she was sitting with a friend, who told her: “I want you to press send on that email and eat a slice of cake without feeling guilty for the first time in ten years.’ And I did it. It’s giving me goosebumps [to think about it now].”

Presenting had been a dream since she was a young girl looking up to Clare Balding, so when Rosie was asked to be a fashion presenter at Ascot in 2021, she jumped at the chance.

“I went to Royal Ascot and learnt everything I could about racing,” she says. Her enthusiasm paid off and she was asked to present at various courses, commenting on the runners and riders.

Now she’s a regular on the summer circuit, with stints as an on-course presenter at the biggest events in the calendar: Ascot, Goodwood and ►



Dress, Holland Cooper; hat, Rachel Trevor Morgan; shoes, Emmy London; earrings, Alex Monroe

Left: Rosie with Jourdan Dunn at the launch of an advertising campaign for Selfridges in 2013







**‘IT’S THE
HARDEST
THING IN THE
WORLD, BUT
IT’S HEAVEN’**

Rosie on motherhood



the Epsom Derby, which takes place this weekend. "It's the most iconic race of the entire season," says Rosie, who previews her green Derby Day look by Suzannah London in this exclusive photoshoot for **HELLO!** at Epsom racecourse.

"It's unbelievably special for a race to have been running for nearly 250 years. It's got the best horses, the best jockeys; the Derby is the big one."

Last November, Rosie gave birth to her son, Oliver. Her husband, Ross Turner, 37, is a professional adventurer. The couple, who married in 2024 and live in Berkshire, met at the Cartier Queen's Cup, which Ross attended with his twin brother, Hugo. "Apparently I never spoke to my husband, but I thought I'd spoken to both of them because they're identical," she says. "It took me a while to figure out which twin was which."

Rosie is relishing motherhood. "It's the hardest thing in the world, but it's heaven. I can't wait for number two; I want a big family."

She has big hopes for her career, too, with dreams of presenting a game show as well as athletics at the Olympic Games. "I grew up watching Davina McCall on *Don't Try This at Home*. I'd love to do something like *This Morning* or *The One Show*.

"I feel really lucky... life's pretty good."



INTERVIEW: MIRANDA THOMPSON
HAIR & MAKE-UP: BRITTA DICKE AT
CAROL HAYES MANAGEMENT

Rosie presents the Betfred Derby Festival at Epsom Downs Racecourse from 5 to 6 June; thejockeyclub.co.uk/epsom-derby/

Dress, Susannah London; hat, Awon Golding; shoes, Emmy London; bag, Tyler Ellis; earrings, Charlotte Knapman Collections

Inset: Rosie marries Ross Turner in 2024

THE ROYAL BRIEF



KING ABDULLAH AND QUEEN RANIA OF JORDAN

The heads of Jordan's royal family were accompanied by three of their four children to mark the 80th anniversary of their country's independence from Britain on 25 May 1946. King Abdullah and Queen Rania were joined by Crown Prince Hussein and his wife, Princess Rajwa, for the celebrations, alongside Hussein's sister Princess Salma and his brother, Prince Hashem.



KING FREDERIK AND QUEEN MARY OF DENMARK

King Frederik X appeared with his wife, Queen Mary, and their two youngest children, Prince Vincent and Princess Josephine, both 15, on the balcony of Amalienborg Castle in Copenhagen to celebrate his 58th birthday. Absent was his mother, Queen Margrethe, 86, who was in hospital for treatment of a blood clot near her hip.

QUEEN MÁXIMA OF THE NETHERLANDS

Wearing a yellow jumpsuit, Queen Máxima celebrated the 175th anniversary of the Royal Netherlands Institute of Southeast Asian and Caribbean Studies, of which she is patron, at Leiden University. She took part in discussions about how to handle climate change and what should be done with colonial-era collections.



KING PHILIPPE AND QUEEN MATHILDE OF BELGIUM

The Belgian royal couple visited the Centre for Fine Arts in Brussels for the Queen Elisabeth International Music Competition, which is in its 75th year. It is also the 150th anniversary of the birth of King Philippe's great-grandmother, an accomplished violinist, after whom the prestigious competition is named.

The King made rare comments about his cancer diagnosis as he met patients and toured a new facility at York Hospital last week.

Charles told a patient who was visiting the new Sir Robert Ogden Macmillan Cancer Centre of the importance of being able to speak about one's condition, adding that cancer was "everywhere".

He disclosed his own, unspecified cancer diagnosis in February 2024 and is continuing to undergo treatment.

The monarch made a surprise visit to meet staff and patients who have worked on the centre, which will officially open in July.

He met Louise Rhodes, from Hopgrove, who has stage 4 secondary breast cancer and was involved in the design and development of the centre as a patient representative.

She told the King that her father had died of cancer in 2024. Charles replied: "It's everywhere," adding: "It's so important to be able to talk."

Speaking about Macmillan, he said: "They are amazing and I'm delighted to have been [the charity's] patron for a very long time."

Louise said later that the King was "just lovely, so personable, so friendly" during their chat. "He's got cancer, I've got cancer, and straight away, he looked in my eyes – so you've got that bond, I suppose. And I think he gets it; he understands, being a patient."

Wearing a grey pinstriped suit with a pink shirt and a darker pink tie, the King was greeted by well-wishers. He shook hands with staff and patients, asking how they were faring in the sweltering heat.

SHAPING THE FUTURE

The King, who is the royal patron of Macmillan Cancer Support, met people for whom the original centre had been a lifeline while they were receiving treatment.

He heard about their roles in shaping the new facility, including the services it will offer and its design, from the layout and colour schemes to the furniture and works of art.

Charles greeted Macmillan health professionals and cancer nurse specialists, who explained how the £2.4m redevelopment would support thousands of people living with cancer in the region each year.

He also visited the centre's purpose-built garden and planted a yellow "Macmillan rose"

HAND OF FRIENDSHIP

The King delights cancer patients with a surprise visit to the new centre in York that they helped to create



with Colm Gough, Macmillan's personalised cancer care lead, who is part of the team there.

In December, the King appeared in a video for the Stand Up to Cancer campaign, saying that his treatment was being scaled back and describing the news as a "personal blessing and testimony to remarkable advances that have been made in cancer care". He also said that he had been "profoundly moved" by those who work tirelessly to save and improve patients' lives.

COMMITTED TO THE CAUSE

Charles has continued to carry out engagements in the UK and abroad, including a state visit to the US in April, while receiving treatment.

Earlier in the day, he was praised for his "innate understanding that we need to be in harmony with nature" as he visited a project that aims to protect red squirrels at the Animal and Plant Health Agency's York Biotech Campus. **H**

REPORT: ELEANOR DYE
ADDITIONAL REPORTING: JACK MALVERN

The King, who is the royal patron of Macmillan Cancer Support, is greeted enthusiastically by nurses and patients







KING'S DESIGN IS OUT OF THIS WORLD

Visitors to Windsor Castle this summer will be able to stroll around its spectacular new Venus Garden, which has been designed by the King to reflect the planet's orbit.

The green-fingered monarch has overseen the transformation of the former East Terrace Garden, which served as Queen Elizabeth II's allotment and Charles II's bowling green.

Open from 16 July until 13 September, it features beds of perennials, evergreen hedges, roses and wildflower areas, as well as paths lined with pear trees and topiary yew shrubs. Dotted around are sculptures made for Charles I from the Royal Collection, as well as large marble, bronze and stone vases.

A full-page photograph of Princess Sofia of Spain. She is standing outdoors in front of a stone wall, wearing a dark navy blue blazer over a white dress with a blue floral pattern. She is also wearing sunglasses, a pearl necklace, and a watch. She is holding a small black handbag in her left hand.

UNSTOPPABLE PRINCESS

*How the Princess Royal is
steadyng the royal ship as it
navigates stormy waters –with
her loyal husband by her side*



As she prepares for her role as mother of the groom this weekend, the Princess Royal isn't shopping for an outfit or involving herself in last-minute wedding arrangements.

Instead, in the days leading up to Peter Phillips's big day on Saturday, Princess Anne is doing what she does most days: working.

Having just returned from an official trip to Greece, Anne has more engagements lined up at home this week, with a full diary right up until two days before the wedding.

Second only to the King in the tally of hardest-working royals, Anne clocked up 478 official engagements in 2025 and is already embracing another busy year during a difficult time for the royal family following the arrest of her brother, Andrew Mountbatten-Windsor, on suspicion of misconduct in public office.

As Anne provides a much-needed steadying hand to her elder brother, the King, her loyal husband, Vice Admiral Sir Tim Laurence, is there to support her.

The retired naval officer was by his wife's side as she visited Athens and Crete last month to commemorate the 85th anniversary of the Second World War's Battle of Crete.

STEADYING THE SHIP

"The Princess Royal doesn't stop, and she is the family member the King can rely on absolutely," says Robert Jobson, the author of *The Windsor Legacy*. "The Andrew fallout has undoubtedly rattled her and the family, and she is determined to serve her brother as he steadies the throne."

"But she has never wanted the spotlight; she has never needed it. She turns up, does the ►



Princess Anne, accompanied by her husband, Vice Admiral Sir Tim Laurence, attends a service to commemorate the 85th anniversary of the Battle of Crete



job, gets back in the car. She never shies away from her duties and responsibilities. Such work is what holds the institution together.”

And it's why she is so important in helping to preserve public support for the royal family.

At Anne's side is Tim, a quiet, reliable presence who is not a working royal but plays a crucial supporting role to his busy wife, in the same way that the late Duke of Edinburgh did for Queen Elizabeth II.

Indeed, if Peter is looking for inspiration as he embarks on his second marriage, he need look no further than the rock-solid union between his mother and Tim, who married in 1992 following Anne's divorce from Peter's father, Captain Mark Phillips, the same year.

“I'm sure Peter thinks that he would like this marriage to be like his mother's,” says Ingrid Seward, the editor-in-chief of *Majesty Magazine*. “He is always there for her, which I think is what she wanted in her second marriage.”

“She wanted someone who was around a bit and would support her in her very hard-working life. And that is what Tim has done.”

During the couple's three days in Greece, Tim's presence was reassuring yet discreet as Anne visited an RAF memorial commemorating members of the 30 and 33 squadrons who lost their lives in the Battle of Crete in 1941. She went on to meet their relatives and attended a Service of Remembrance at the Souda Bay War Cemetery.

They watched a Red Arrows flypast, visited the Firkas Fortress in Chania harbour and attended a service at the Holy Metropolitan Church.

Anne began the trip with an audience with the Greek President, Konstantinos Tasoulas, in the country's capital, Athens. She and Tim then headed to the Yacht Club of Greece for a reception hosted by The Mission to Seafarers, one of the world's leading maritime welfare charities, to launch its global services in Greece.

The 170-year-old charity, of which the Princess is president, provides support to the world's estimated 1.9 million seafarers across more than 200 ports around the world.

ROYAL ROMANCE

Anne and Tim met 40 years ago when he was serving as an equerry to Queen Elizabeth; he had previously served aboard the Royal Yacht *Britannia*. Their relationship came to light in 1989 as Anne's marriage fell apart, and she and Mark announced their separation that year.

“Tim was a very handsome man and there is something very kind about him,” Ingrid says. “I think it took him a while to slip into the role of playing second fiddle to his wife, and, as with anyone who marries into the royal family, it takes time to get used to their ways – even though Anne's life is about as normal as a royal can get.”

“Having been an equerry to the Queen, he already had insight into how the family operates.”

“Over time, he has been very noticeably at Anne's side, which must be really nice for her. Because she's so independent, I think it took a long time for her to accept that. He's not a natural countryman and has no interest in horses, but they share a lot of the same interests, and they both love sailing.”

“There is a love of lighthouses, and they like to sail around in their boat looking for them. They also run their farm together at Gatcombe Park.”

Recalling how Anne was taken to hospital with severe concussion after an incident involving a horse on her Gloucestershire estate two years ago, Ingrid says: “It was Tim who found her and came to her rescue; he realised that something ►

**‘ANNE DOESN’T
STOP. SHE IS
THE FAMILY
MEMBER
THE KING
CAN RELY ON
ABSOLUTELY’**

The Princess lays
flowers at the Souda
Bay War Cemetery

Facing page: Anne
attends a service
of remembrance at
the Royal Air Force
Memorial Maleme,
and meets guests
during a reception at
the Grand Arsenal
conference centre



Anne and Tim on their
wedding day in 1992



Anne and Tim share a love of sailing. Left: The Princess with her son, Peter Phillips, at Badminton Horse Trials in 2008. Below: At the Festival of British Eventing at Gatcombe Park in 2019 with her granddaughters Isla Phillips, Mia Tindall and Savannah Phillips

was wrong when she didn't answer her phone. He has the kind of instinct that only comes when you know someone really well."

Anne is patron, president or a member of more than 300 organisations, including children's charities, equestrian organisations and military regiments, while Tim, who retired from the Navy in 2010, has his own commitments, including patronages and other roles with heritage organisations and maritime charities.

"Anne has so much energy and has said she never wants to retire – she has the same sense of duty her parents had," Ingrid says. "When you see her in action, she's brilliant. She memorises the speeches and she's genuinely interested."

"Before we knew that Charles was going to get married again, the late Queen imagined that it would be Anne at his side when he became King, as a sort of figurehead to support her brother, which she would have been very good at."

DOTING GRANDMOTHER

Despite her reputation for being a no-nonsense royal, Anne does have a softer side, especially when it comes to her five grandchildren.

"She loves seeing them ride; she loves having them round for Sunday lunches and taking them for walks, doing all the things that we would do as kids. We quite like leaving them on Sundays. We'll say: 'We'll pick them up later – bye,'" said Peter and his sister, Zara Tindall, of their mother in a documentary to mark her 70th birthday in 2020.

"Anne has a very masculine energy but definitely has a soft side, like Prince Philip did, and she is very proud of Peter and Zara," Ingrid says. "She's always refused to be photographed kissing babies in public, but she's different with her own grandchildren and she obviously adores them."

This weekend, after a week of engagements in London and Hampshire, that softer side will be on display as Anne joins her family to watch her son marry the NHS nurse Harriet Sperling.

Unsurprisingly, a few days later, it will be business as usual as the mother of the groom gets back to work, such is her dedication to the royal family as they navigate stormy waters ahead. **H**

REPORT: TRACY SCHAVERIEN



A BRUSH WITH ROYALTY

The artist Louise Pragnell reflects on painting the 'seriously impressive' Princess Royal

Of all her royal encounters in her role as one of the country's leading portrait painters, Louise Pragnell has had only two fraught moments.

One came as she waited to reveal her portrait of the Irish Guards to the Princess of Wales in 2023. "Just as the Prince and Princess are about to arrive, the easel starts to lean forward," Louise recalls in an exclusive interview with **HELLO!**. "We had people lying on the floor with screwdrivers [to fix it, with minutes to spare]."

The other awkward encounter was with the Princess Royal, who unveiled Louise's painting of the Household Cavalry in 2010. "She was the first royal I met and I got my curtsy all wrong," says Louise, 44. "It was so embarrassing."

Princess Anne did not hold it against her. She has since sat for Louise twice, most recently in the uniform of the Intelligence Corps, of which she was appointed colonel-in-chief in 2022.

The first portrait featured Anne in the robes of the Worshipful Company of Saddlers, of which she is the perpetual master. Louise, anxious to get things right after her mangled curtsy, went to the Saddlers' livery company in London with her mother, Jane, so that they could rehearse.

Jane had met Anne in the Sixties while working for Sir Norman Hartnell, who designed Queen Elizabeth II's wedding dress. In a foreshadowing of Louise's mishaps, Jane's attempt to dress Anne faltered when a zip got stuck.

On the day of her first sitting with Louise, Anne abandoned all royal protocol. "She walked in and waved and said, 'Hello,'" Louise says. "She's a seriously impressive person. She had to stand in heavy robes for two hours. Halfway through, I

said, 'Ma'am, do you need a break?' She was like: 'No – do you need a break, Louise?'"

The artist, whose family founded the jeweller Pragnell in Mayfair, has two children from her previous marriage to the garden designer Marcus Barnett. She studied fine art at the University of Edinburgh and has been a finalist three times in the National Portrait Gallery's annual award, recognised this year for her portrait of the basketballer Pops Mensah-Bonsu.

FAMOUS FACES

She has painted such figures as William Hague ("an extraordinary energy and brain") and Jeremy Clarkson, whose first sitting on his Cotswolds farm was a disaster after Louise's back went into spasm. "Lisa Hogan [Jeremy's partner] showed me videos of what to do when you've got back pain. The day was a write-off."

Louise returned for further sittings, building a good rapport with Jeremy. During one sitting, she asked him to lift up his chin. He replied: "Which one?"

Her most famous sitters are often the easiest to paint because they are at ease with being in the public gaze. She was "extremely nervous" before painting her first royal portrait – of the Duke of Kent, in 2013 – but he was the ideal subject.

"Royals are very rehearsed at putting people at ease," she says. "They'll want to feel that I'm going to get what I need." **H**

INTERVIEW: JACK MALVERN

Louise's portrait of Pops Mensah-Bonsu will be on display at the National Portrait Gallery, London, from 25 June to 7 October

Louise has painted Princess Anne in the robes of the Worshipful Company of Saddlers; and (facing page) in the uniform of the Intelligence Corps



Louise Pragnell

Peter and Harriet, who wears Beulah London, attend the Easter service at St George's Chapel in April; and (right) join Peter's uncle, the King, and the Queen at Royal Ascot in 2024

HERE COMES THE BRIDE

As the royal family celebrate the wedding of Peter Phillips and Harriet Sperling this weekend, who is the woman who has captured his heart?



This weekend, senior members of the royal family will unite in joyous celebration as they watch the King's nephew, Peter Phillips, marry Harriet Sperling at a village church in the Cotswolds.

It will be the first royal wedding since Princess Beatrice tied the knot with Edoardo Mapelli Mozzi in 2020. The pair staged a scaled-back ceremony during the Covid-19 pandemic with just a handful of guests, including Beatrice's grandparents, Queen Elizabeth II and the Duke of Edinburgh, who were photographed carrying out social distancing.

This time, there will be no such restrictions as members of the family – including the King and Queen – join the festivities, along with Peter's cousin, the Prince of Wales, and his wife, the Princess.

The happy occasion is sure to be a welcome distraction and an opportunity for a family celebration after what has been a challenging time for the royals, following Charles and Kate's cancer diagnoses and the ongoing fallout surrounding Andrew Mountbatten-Windsor.

Meanwhile, the guest list will give a fascinating glimpse into how the family's inner circle has changed over the past few years.

GLITTERING GUEST LIST

Peter's proud mother, the Princess Royal, will be among the 150 guests, as will her husband, Vice Admiral Sir Tim Laurence, Peter's father, Mark Phillips, and the groom's sister, Zara Tindall, along with her husband, former England rugby captain Mike Tindall.

Peter's daughters – Savannah, 15, and Isla, 14, whose mother is his first wife, Autumn Kelly – will also be in attendance, along with Harriet's daughter, Georgina, 13, who was seen with her new blended family when she joined her mother and the royal family at church in Windsor at Easter.

Princess Beatrice and Princess Eugenie, who is pregnant with her third child, are also expected to join their cousin on his big day – the first time they will have been seen with their royal relatives since Christmas, when they were invited to Sandringham by the King.

The sisters have been keeping a low profile amid damaging revelations about their family's association with the late sex offender Jeffrey Epstein, and were not at this year's Easter Sunday gathering. Their presence at the wedding ►

The couple enjoy Royal Ascot in 2025, alongside Peter's mother, the Princess Royal, and his stepfather, Vice Admiral Sir Tim Laurence



would be an encouraging sign that their relationship with the wider family remains intact.

But there will also be some notable absences. Unsurprisingly, neither the girls' father and Peter's uncle, Andrew Mountbatten-Windsor, who was arrested in February on suspicion of misconduct in public office, nor their mother, Sarah Ferguson, has been invited.

Meanwhile, **HELLO!** exclusively revealed that the Duke of Sussex, who was once close to his older cousin, has also been left off the guest list, along with his wife, the Duchess.

"Peter and Harry haven't spoken for several years and have simply lost touch, so he hasn't been invited," a friend told us.

No doubt that has come as a relief to William, who has been estranged from his brother since Harry aired his grievances against his family in his memoir, *Spare*, in 2023, three years after Harry and Meghan stepped down as senior royals.

It also demonstrates how fractured Harry's

relationship with the rest of the royal family remains, particularly given how close Peter once was to both William and Harry, with whom he spent happy times at Balmoral, Sandringham and Windsor when they were children.

"There was quite a gang of us growing up in that age, and it was a lot of fun. We caused quite a bit of mayhem and chaos, but fortunately, I don't think we broke too much," Peter once said.

That bond continued into adulthood, and Peter and Harry were often spotted at events together, such as the 2012 Olympic Games in London, where they were seen hugging in the stands.

ROYAL BRIDE

Harriet, who works as a paediatric nurse specialist for the NHS, is the latest in a long line of brides to have all eyes on her as she becomes a member of the most famous royal family in the world. So, who is the woman who has won the heart of Elizabeth II's first grandchild?

"Harriet is very genuine and down to earth. What you see is what you get," a friend tells **HELLO!**. "She is a breath of fresh air and so kind. Harriet is very like the Princess of Wales in that respect."

Indeed, like Kate, Harriet, 45, hails from a solidly upper-middle-class background.

A divorced single mother, she is the third of four children born to the solicitor and church warden Rupert Sanders, who died in 2023, and his wife, Mary Hoskins. Harriet grew up in a six-bedroom Edwardian house in the village of South Cerney, Gloucestershire. She attended a Christian private school in Cheltenham and maintains her devout faith.

She and Peter have been inseparable since they met at a sporting event two years ago, and he wasted no time in introducing her to his wider family. The couple made their public debut at the Badminton Horse Trials in May 2024, when they were seen chatting to the Queen. A month later, Harriet was at Peter's side at Royal Ascot, ►



Peter and Harriet with his sister, Zara Tindall, and her husband, Mike, at Cheltenham Festival this year. Below: Princesses Eugenie and Beatrice will be guests at the wedding, although another of Peter's cousins, the Duke of Sussex, has not been invited





where she looked perfectly at ease sipping champagne with the King and Queen.

A year later, she attended the event again – this time joining her boyfriend in the royal carriage procession, confirming her place in the family's inner circle. So, it came as no surprise when, in August 2025, the couple announced that they were engaged, revealing the news exclusively to **HELLO!**

That summer, Harriet and Peter joined the King on holiday at Balmoral, the monarch's Highlands retreat.

At Christmas, a source told us that Harriet “effortlessly fits in” with Peter's family. Observers have noted how openly affectionate the couple are, and how Peter appears “smitten”.

Shortly after their engagement, the royal photographer James Whatling told us: “We were waiting for this news. You can't watch this couple for too long without noticing how close they are; they're so tactile and they're clearly so in love. It was only a matter of time.”

FINDING ‘THE ONE’

The wedding comes five years after Peter and Autumn ended their 13-year marriage. Peter, who is the head of partner acquisition for the motorsport division of the global sports and entertainment agency Wasserman, went on to date mother of two Lindsay Wallace, a friend of Zara's, for three years, but their relationship ended in early 2024.

Like Peter, 48, Harriet is divorced, so the couple had to obtain special permission from a local vicar to marry in All Saints Church, in the picturesque Gloucestershire village of Kemble.

Perhaps more significant than Harriet's seamless entry into the royal family is the way in which she and Peter have managed to blend their

own families – something that was clear when her daughter, Georgina, was seen walking alongside her future stepsisters, Savannah and Isla, at the royal outing to church at St George's Chapel on Easter Sunday.

Harriet has been open about her struggles as a single mother following her divorce from Antonio St John Sperling, a fitness instructor.

“In the earlier years of my journey as a single mother, resources were scarce and the future was uncertain. Yet, in the absence of material security, I discovered the strength and life that comes from selfless love. A love that is able to be solely devoted to your child,” she said in 2024, writing about her bond with Georgina as well as the reluctance she once felt to let others into their lives.

“My daughter and I journeyed ten years with only each other. I liken us to an island, and it often felt hard to imagine anyone joining that island. But, of course, beauty comes from relationships – relationships with our maker and relationships with each other.

“It is often tough parenting alone, but God is able to step in and turn it for good.”

She has admitted that her faith became “dormant” when she first moved to London, confessing to having had a wilder side in her youth.

“Somehow it didn't seem relevant to my life in London, going to famous nightclubs and spending a lot of time in Ibiza during the summer,” she said in 2009, explaining how the end of a relationship marked a turning point. “I went to church as I felt there was something missing.”

As they exchange vows this weekend, both Peter and Harriet will be thankful to have found the missing piece in their lives. **H**

REPORT: TRACY SCHAUEREN



PHOTOS: ALAMY, GETTY IMAGES, GOLF PHOTOS, SHUTTERSTOCK

The bride-to-be wears a
linen set by Wiggy Kit at
Wimbledon in 2025

Facing page: Harriet makes
her debut in the carriage
procession at Royal Ascot
in 2025; and takes her
daughter, Georgina, to
the royal family's Easter
service earlier this year





ROYAL WEDDING OF THE YEAR

THE KING'S NEPHEW, PETER PHILLIPS, WILL SAY "I do" to his fiancée, Harriet Sperling, on Saturday 6 June in the picturesque Cotswolds.

The King and Queen are expected to lead a host of royals attending the nuptials, which will begin with a traditional ceremony in a quaint village church, followed by a private reception. The pair, who have been together

for two years, will bring together their loved ones, including the daughters with whom they will form a new blended family: Peter has two girls with his former wife, Autumn Kelly, while Harriet is a mother to a teenage daughter. With the final countdown now on, here is everything you need to know about the royal wedding of the year...

A

ANNOUNCEMENT

Eight months after Peter and Harriet's engagement was announced, an official statement confirming the couple's wedding date was released in April.

"Mr Peter Phillips, the son of HRH The Princess Royal and Captain Mark Phillips, and Ms Harriet Sperling, daughter of the late Mr Rupert Sanders and Mrs Mary Sanders of Gloucestershire, have today announced their wedding date," a spokesperson said.

"The summer wedding will take place at All Saints Church, Kemble, Cirencester, on Saturday 6 June 2026 in a private ceremony. Both families have been informed jointly of the wedding date by invitation."

The King and Queen, as well as the Prince and Princess of Wales, were among those informed.

Harriet and Peter attend Royal Ascot in June 2024; and (right) Harriet returns the following year

B

BRIDE

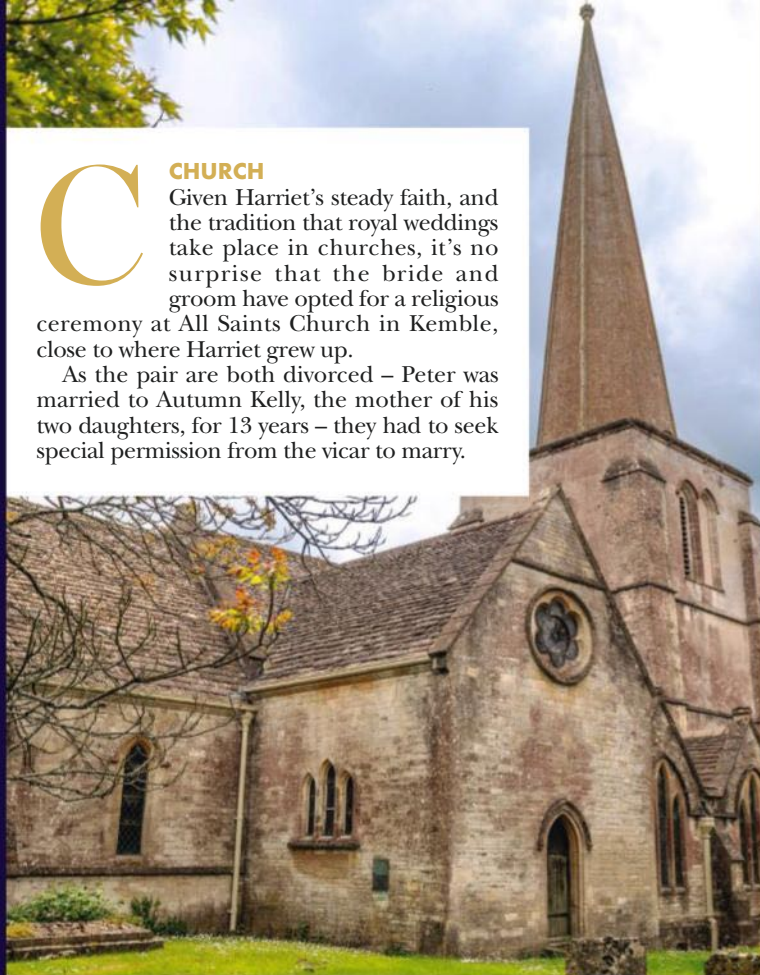
Harriet Eleanor Sanders, who was born in 1980, is the latest commoner to marry into the royal family. An NHS paediatric nurse specialist and a single mother to a teenage daughter, Georgina, Harriet was thrust into the spotlight in May 2024 when she made her public debut with Peter, who is 19th in line to the throne, the King's eldest nephew and the only son of Princess Anne.

Harriet was raised in a six-bedroom home in South Cerney, Gloucestershire. She is the third of four children born to Rupert Sanders, a prominent solicitor, and Mary Hoskins.

Her paternal grandfather, Major Geoffrey Sanders, was a D-Day veteran, the high sheriff of Gloucestershire and the editor of the Stroud News and Journal.

A Christian, like her parents, she grew up spending time in the family's local church, All Hallows. Her late father was a church warden and her mother serves in the ministry team.

Harriet attended Cheltenham's Dean Close School, a Christian boarding and day school, before going on to train as a nurse in London. ►



C

CHURCH

Given Harriet's steady faith, and the tradition that royal weddings take place in churches, it's no surprise that the bride and groom have opted for a religious ceremony at All Saints Church in Kemble, close to where Harriet grew up.

As the pair are both divorced – Peter was married to Autumn Kelly, the mother of his two daughters, for 13 years – they had to seek special permission from the vicar to marry.



The couple shared this engagement photo exclusively with HELLO! last August. Right: Peter and Harriet, along with Savannah, cheer on Zara Tindall at the Badminton Horse Trials in May 2024

From left: Isla Phillips, Savannah Phillips and Georgina Sperling



D

DAUGHTERS

Peter and Harriet met at a sports event involving their children: Peter's two daughters are Savannah, 15, and Isla, 14, while Harriet is the proud mother of Georgina, 13.

The three girls – who made a joint appearance at the royal family's Easter celebrations in Windsor in April – are expected to play a special role on their parents' big day, perhaps as bridesmaids.

From the beginning, Harriet has displayed a natural maternal touch with her future stepdaughters. In the early days of her relationship with Peter, she was pictured consoling Savannah during a trip to the Gloucestershire Festival of Polo.

A source told HELLO!: "At one point, Savannah seemed a bit upset, and Harriet was putting her arm around her and comforting her. They're a tight unit, [they've become one] very quickly; they seem to be a bit of a family. Harriet seems very good with the kids."

E

ENGAGEMENT

Fifteen months after making their debut as a couple, Peter and Harriet announced their engagement in August 2025. The couple posed in a field, with Harriet wearing a diamond ring and looking radiant in a white summer dress.

A statement confirmed the engagement, adding that both families had been "informed jointly of the announcement and were delighted by the wonderful news".

The statement also said: "Their Majesties the King and Queen, and the Prince and Princess of Wales, have been informed of the announcement. No date has been officially set for the wedding."

FIRST PUBLIC APPEARANCE

Peter and Harriet went public with their romance in May 2024, when they cheered on Peter's sister, the noted equestrian Zara Tindall, at the Badminton Horse Trials. The pair appeared in high spirits as they strolled hand in hand.

At the time, a friend of Peter's said that he had met someone "recently" and that they were "spending time together", but that it was too early to be anything more at that stage.

However, their relationship quickly blossomed; the following month, Harriet made her debut at Royal Ascot, where she was pictured chatting to the King and Queen in the Royal Enclosure.

A string of high-profile appearances followed that summer, including visits to Wimbledon, charity polo matches, the Burghley Horse Trials and even Tom Parker Bowles's cookbook launch, where Harriet was once again seen laughing with the Queen.



GLOUCESTERSHIRE

Peter and Harriet both have strong ties to Gloucestershire, so it's no wonder that they are marrying in Cirencester, a quaint market town close to where the bride is from.

After attending boarding school in Scotland and university in Exeter, Peter put down roots in the county. Both of his daughters were born at the Gloucestershire Royal Hospital and raised on Princess Anne's extensive Grade II*-listed Gatcombe Park estate.

After Peter split from his first wife, Autumn Kelly, he continued to live on the country estate to co-parent their children. Peter's sister, Zara, also lives at Gatcombe Park, in a Grade II-listed farmhouse, Aston Farm.

The ceremony will take place just a short drive from Peter's residence, in a county that is clearly special to the couple.



Peter with the Duke and Duchess of Sussex during the Queen's Platinum Jubilee celebrations in June 2022

HARRY AND MEGHAN

The Duke and Duchess of Sussex are notable absentees from the wedding guest list, with **HELLO!** exclusively revealing in May that Harry and Meghan had not made the cut.

A friend of the groom told us: "Peter and Harry haven't spoken for several years and have simply lost touch, so he hasn't been invited."

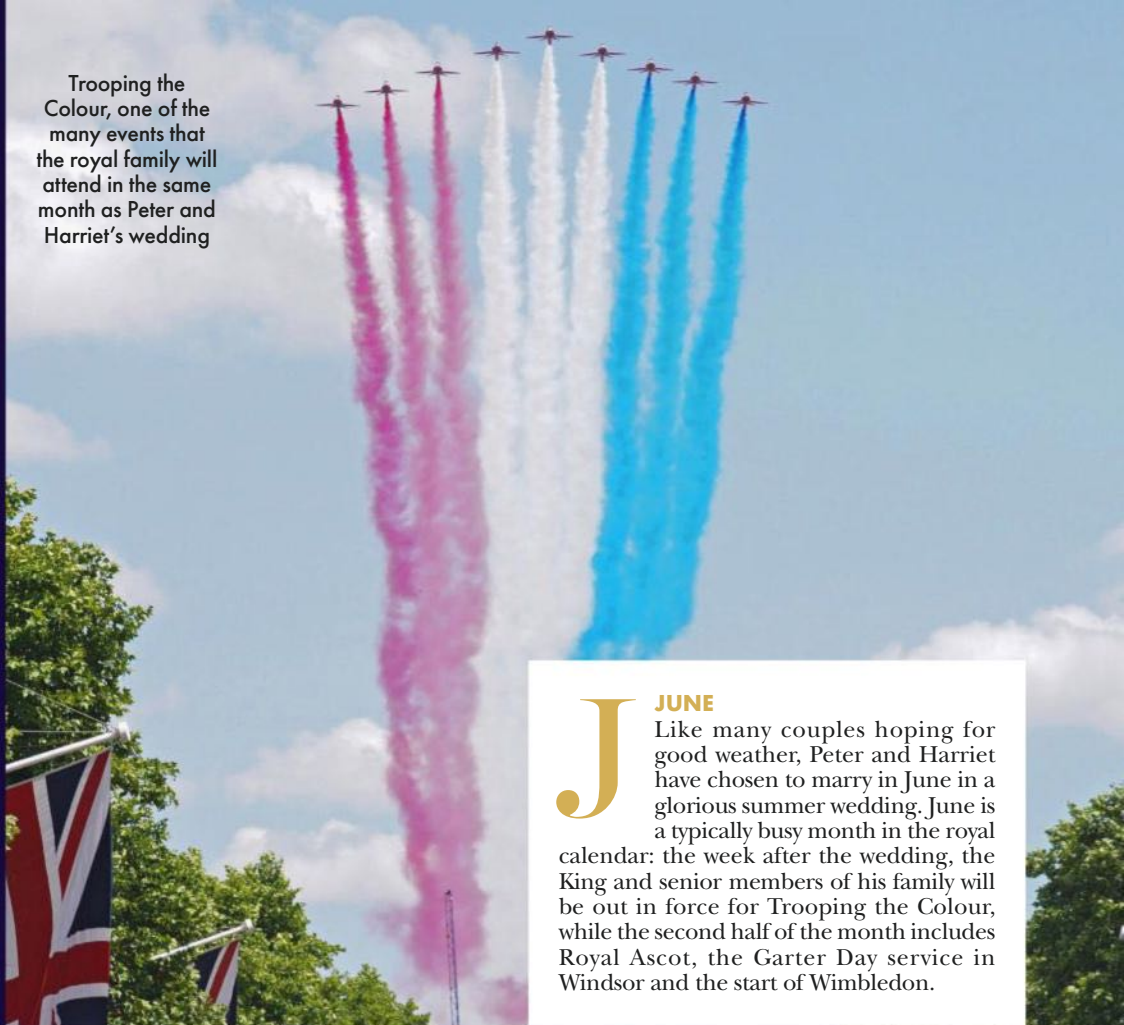
The cousins were close in their younger years. Harry attended Peter's first wedding in 2008, while Peter was present at Harry and Meghan's nuptials in 2018. ►

INVITATIONS

In keeping with tradition, Peter and Harriet sent out their wedding invitations two months before the big day, around the same time that they announced the venue and the date. Given the high-profile nature of the nuptials, it's likely that well-wishers will descend on the small village of Kemble to try to catch a glimpse of the bride and the royal party.

IT WAS A QUESTION OF WHEN – NOT IF – PETER WOULD POP THE QUESTION

Trooping the Colour, one of the many events that the royal family will attend in the same month as Peter and Harriet's wedding



JUNE

Like many couples hoping for good weather, Peter and Harriet have chosen to marry in June in a glorious summer wedding. June is a typically busy month in the royal calendar: the week after the wedding, the King and senior members of his family will be out in force for Trooping the Colour, while the second half of the month includes Royal Ascot, the Garter Day service in Windsor and the start of Wimbledon.



The King and Queen, seen at Harry and Meghan's wedding in 2018, are expected to attend Peter and Harriet's nuptials. Right: The Princess Royal and her future daughter-in-law bond at Royal Ascot in 2025

KING AND QUEEN

The groom's uncle, the King, will lead the royal guests, alongside the Queen. Other senior royals who are expected to attend include Peter's first cousin Prince William, his wife, Kate, and their three young children, Prince George, Princess Charlotte and Prince Louis, as well as the Duke and Duchess of Edinburgh.

Non-working royals who are believed to be attending include Princess Beatrice and Princess Eugenie, who is expecting her third child this summer. The York sisters have kept a relatively low profile since the arrest of their father, Andrew Mountbatten-Windsor, in February and were absent from the RHS Chelsea Flower Show in May.



The Princess of Wales is a patron of Evelina London Children's Hospital, where Harriet worked as a nurse

L **LOVE STORY**
From hand-holding to public kisses, Peter and Harriet's love for and devotion to one another has always been evident. Speculation that an engagement was on the cards mounted in June 2025 when

Harriet was invited to ride in the carriage procession at Royal Ascot. A couple of months earlier, she and Peter had taken their daughters on a joint holiday to the Formula 1 Bahrain Grand Prix, where they met up with the Tindalls, as well as Beatrice and Eugenie. By August that year, they were engaged.



M **MOTHER OF THE GROOM**
Harriet has always looked at ease with Peter's famous family, including his mother, Princess Anne. Whether greeting each other with a kiss at Royal Ascot or chatting at an equestrian-related family gathering, the two women appear to have a friendly and warm rapport.

N **NHS NURSE**
As well as being a single mother, Harriet works as a paediatric nurse specialist. She trained at St Mary's University in London and previously worked at Evelina London Children's Hospital.

Coincidentally, the Princess of Wales has longstanding ties with Evelina London, having been its patron since 2018. Kate penned a message on its 20th anniversary last year, writing: "It is a place that symbolises love, healing and hope, and has had such an impact on countless lives."

She added: "As I know from my visits, the building's bright, welcoming spaces and wonderful light-filled atrium ensure that children feel safe, supported and nurtured as they face whatever challenges lie ahead."

"What makes this building so special is the remarkable staff, whose compassion and expertise shine through in every corner of the hospital and create an environment where families feel cared for and uplifted." ►

ORDER OF THE DAY

The big day is set for Saturday 6 June, although the details remain top secret. Royal guests are due to arrive on the morning of the wedding, if not the night before, and royal fans are likely to gather outside All Saints Church to catch a glimpse of the guests. The church ceremony is expected to last for an hour, before the party departs for the reception.



PETER PHILLIPS

Although he is the eldest grandson of the late Queen and Prince Philip, and the elder child of Princess Anne and her first husband, Captain Mark Phillips, Peter holds no royal title and is not a senior member of the Firm. His mother declined HRH status for both of her children when they were born.

Peter followed in royal tradition, however, by boarding at Gordonstoun School in Scotland, which was also attended by the King and Prince Philip. He went on to study sports science at the University of Exeter before holding jobs at Jaguar Racing and the Royal Bank of Scotland.

He organised the Patron's Lunch for the Queen's 90th birthday, including a hamper picnic for 10,000 guests.

Peter is said to have been the favourite grandson of the late Duke of Edinburgh, who nicknamed him "the winner" for his dependability, his politeness and his ability to remain calm and collected.

He was the first of the Queen and Prince Philip's grandchildren to marry and the first to give the couple a great-grandchild, with the birth of Savannah in 2010. He later followed in his mother's footsteps as the first of his generation to divorce.

As the eldest among his cousins, Peter is naturally protective and forged a close bond with Prince William, who is five years his junior, from a young age. Reminiscing about growing up with the extended royal family – "the gang", as Peter once described them on Good Morning Britain – was "a lot of fun; we caused quite a bit of mayhem, but I don't think we broke too much".

HELLO!'s royal editor, Emily Nash, says that Peter will remain a "great support" to William when the time comes for his cousin to be King. "He understands how the institution works... he has a pragmatic, common-sense approach and can be a trusted sounding-board for the future King."



QUESTION

Although details of Peter's proposal in 2025 remain private, to outsiders and royal-watchers, it was always a question of when – not if – Peter would pop the question to his girlfriend.

The royal photographer James Whatling told **HELLO!** after the engagement was announced that the couple were clearly in love.

Emily Nash said last year: "This is wonderful news for Peter and Harriet, but also for the wider royal family. Peter is close to the King and to his cousins and Harriet seems to have been warmly welcomed into the fold."

She added: "The signs that this was serious have been there for some time, and seeing Harriet taking part in the royal procession at Royal Ascot convinced many royal-watchers that an engagement was on the cards."



From left: Prince William, Peter Phillips and Prince Harry, supervised by Princess Diana, play on a fire engine at Sandringham in 1988



RINGS

Harriet proudly wore a beautiful trilogy-style diamond ring in the couple's official engagement photographs last summer, when she was pictured resting her left hand on her husband-to-be's chest. Peter chose the ring from Pragnell, a jeweller in Mayfair that has long been commissioned by the royal family.

As for her wedding band, Harriet is likely to follow the tradition of many royal brides, including the Princess of Wales, by wearing a ring made using rare Welsh gold from the Clogau St David's mine – a custom that dates back to the late Queen Mother.

"The symbolism of Welsh gold within the royal family is a subtle nod to the proud and noble heritage of Wales, and highlights how important the country is to them," Clogau's managing director, Ben Roberts, previously told **HELLO!**.

"Welsh gold is possibly the rarest in the world. Each wedding band worn by members of the royal family is unique, and personally customised to act as a beautiful reminder of their big day."



Peter and Harriet on Ladies' Day at Royal Ascot; and (far left) at the Badminton Horse Trials in 2025. Above: Harriet displays her engagement ring at the New Year's Day races at Cheltenham earlier this year

STYLE

Harriet has showcased impeccable style from day one of her public appearances. Flowing summer dresses, cropped jeans, crossbody bags and stylish sunglasses make up her off-duty boho-chic style. But for more formal occasions, Harriet fits in seamlessly with the royal fold, donning soft tailoring, feminine silhouettes, elegant tea dresses and traditional millinery: in short, understated luxury.

TITLE

Although Peter's royal cousins grew up with official HRH titles and statuses, the groom-to-be and his younger sister, Zara, navigated life as private citizens. It was the decision of their mother not to grant her offspring titles after the late Queen offered them when the children were born.

Anne has stood by her decision, saying in

2020: "I think most people would argue that there are downsides to having titles... so I think that was probably the right thing to do."

Zara, an Olympic medal-winning equestrian, has said that she sees the benefits of not having a title, namely in being allowed more freedom to pursue a career she loves.

Peter's new marital status will not change his current situation, and Harriet will not receive a title. ►

USHERS

Peter will call upon his closest male friends to act as ushers at his wedding, although who exactly has been chosen is not yet known. The ushers will be on hand to help with duties on the day, such as showing guests to their seats, and to ensure that the special day runs smoothly.

VOWS

Given how traditional Peter and Harriet are, and in light of the church setting of their wedding, the couple are likely to exchange classic vows, much like many other members of the royal family. Whatever they choose to do, their chosen vows will no doubt reflect their profound love for each other.

WEDDING DRESS

It's likely that Harriet will choose to champion a British designer for her wedding dress. She has often flown the flag for British labels such as Beulah London and Me+Em. She may also change into a second dress for her reception – a popular move among modern royal brides.



EXES

Not much is known about Harriet's first husband, the fitness instructor Antonio St John Sperling; the couple split when their daughter, Georgina, was a toddler.

Peter, meanwhile, was married to Autumn Kelly for 13 years. They separated in 2019 and divorced in 2021, with a spokesperson saying at the time that "the financial aspects of their divorce have been resolved through agreement".

They added: "Although this is a sad day for Peter and Autumn, they continue to put the wellbeing and upbringing of their wonderful daughters Savannah and Isla first and foremost."

YORK FAMILY

Princesses Beatrice and Eugenie are expected to attend the royal wedding, but their disgraced parents – Andrew Mountbatten-Windsor, who was arrested in February on suspicion of misconduct in public office, and Sarah Ferguson, the former Duchess of York – will not be present. The former couple have been beset by scandal since revelations about their relationship with

the late convicted sex offender Jeffrey Epstein.

"Peter and Harriet's wedding is an intimate occasion with their close friends and immediate family around them in the Cotswolds. It's an area where they grew up and is very special to them both," a friend of the couple told **HELLO!**

"It was probably not deemed appropriate to invite them. It's Peter and Harriet's special day, and clearly their attendance would cause a distraction from the whole day."

Peter with his sister, Zara, in 2012; and (far left) with his former wife, Autumn Kelly, in 2019. Below: Princesses Beatrice and Eugenie are expected to attend their cousin's wedding without their parents

'PETE IS SOMEONE I'VE LOOKED UP TO ALL MY LIFE'

Zara Tindall

ZARA TINDALL Peter is extremely close to his sister, Zara, his brother-in-law, the former England rugby star Mike Tindall, and the couple's three children: Mia, 12, Lena, seven, and Lucas, five. Zara, who served as a bridesmaid at Peter's first wedding, may play a special role on the big day, such as giving a reading, while her children may form a part of the young bridal party.

The pair have spoken fondly of each other in public, with Peter jokingly saying that his "annoying" little sister was always "at the centre of anything that was happening that was fun and boisterous".

He added: "She tried to boss me around and tell me what to do."

Zara has said of her brother: "Pete is someone I've looked up to all my life. When I was growing up, he was a great person to have around; he was very level-headed, very calm, considered and grounded. He'll be there no matter what I need."

The close siblings are often spotted on family days out in Gloucestershire with their children and their mother, Princess Anne. **H**

REPORT: AINHOA BARCELONA



CARYS DOUGLAS

Stage debut for daughter of acting royalty

Carys Douglas, the daughter of Catherine Zeta-Jones and Michael Douglas, is set to make her professional theatre debut in New York.

The budding star, 23, who has just graduated from Brown University with a degree in film and international relations, will star in a production of Anton Chekhov's *The Seagull*. The show will run from 20 to 27 June at a venue in Brooklyn.

"I grew up doing theatre and I didn't study acting in school, but that's why I'm happy to be in such an informative arts space, so hopefully more of that," she said recently of her career plans.



DONALD TRUMP JR

Marries for second time in Bahamas

The eldest son of US President Donald Trump has married for the second time.

Donald Trump Jr and the socialite Bettina Anderson married officially in Florida before heading to the Bahamas a few days later for a private celebration.

The couple were joined by a small group of guests, including the groom's siblings, Ivanka, Tiffany and Eric, but the President did not attend.

Donald Jr and Bettina have been dating since 2024; Donald Jr has five children with his former wife, Vanessa Trump.



SERENA WILLIAMS

Set for tennis comeback at Queen's

Serena Williams is believed to be making a comeback to elite tennis at the Queen's Club championship, which begins this weekend.

The 23-time Grand Slam winner retired in 2022, but recently completed a six-month stint in the drug-testing pool and has reportedly asked for a wild card to play at Queen's, in west London. It is thought that Serena, 44, is aiming to qualify in the doubles category alongside the Canadian player Victoria Mboko.

The former tennis player Andy Roddick said last week: "She looks in fantastic shape."

7 DAYS

A ROUND-UP OF NEWS REPORTS



STORY OF THE WEEK

EMILY ATTACK

Reveals she had sepsis after son's birth

Emily Attack has revealed that she was diagnosed with sepsis after the birth of her son, Barney, in 2024.

The *Rivals* star, 36, discussed body-shaming, saying: "I went through a very difficult pregnancy. I was very ill after the birth. I had sepsis; I couldn't leave the house for weeks. It was awful.

"So I'm just asking for a little bit of patience and understanding. Women's bodies change all the time. My body holds all my trauma, as well as my happiness and joy."

In a separate interview, she shared details of her difficult childhood. "I was sexually assaulted when I was ten," she said. "From that moment, I was treated appallingly by older men. I was sexually active with older boys and men, and that was difficult for my parents. I was in this awful, abusive, horrible relationship, and I fell pregnant [at 16]."

QUOTE OF THE WEEK

'You don't have to give up just because you're 50. You can still look good'

Lady Beckham is determined to age beautifully

FOR THE LATEST CELEBRITY NEWS, VISIT [HELLOMAGAZINE.COM](https://www.hellomagazine.com)



MATTHEW PERRY

Assistant involved in star's death jailed

A former assistant to the *Friends* star Matthew Perry, who died in October 2023 aged 54, has been sentenced to more than three years in jail.

Kenneth Iwamasa, 60, was said to have injected the actor with ketamine in the weeks before his death, as well as on the day he died. Iwamasa was also fined \$10,000 and will be subject to two years' supervised release.

Judge Sherilyn Peace Garnett said that he did not act with malicious intent, but added: "You were privy to his struggle with addiction. Your conduct was reckless."



DIANA, PRINCESS OF WALES

Rare letter about honeymoon up for sale

A newly discovered letter written by the late Diana, Princess of Wales, is going up for auction.

The handwritten note to her school friend Katherine Hanbury was penned two months after Diana's wedding to Prince Charles in 1981. It has an estimated value of £4,000 to £6,000 ahead of the sale, which will take place at Gorrings' fine art and interiors sale in Sussex on 7 July.

"We had a blissful honeymoon with endless sun and calm seas," she wrote. "We are up in Scotland until the end of October, which is a big treat for us – I adore being outside all day & hate London!"



NICOLA ROBERTS

Singer announces birth of baby girl

The *Girls Aloud* star Nicola Roberts has given birth to her first child. The singer, 40, said that she and her fiancé, the businessman and footballer Mitch Hahn, had welcomed a baby girl.

Nicola announced the news on Instagram, writing: "Our beautiful baby girl is here. We haven't stopped staring at her perfect little face or kissing her softest little head.

"She arrived healthy and content a couple of weeks ago at 38 weeks weighing 6.5lbs and is thriving. It's heaven on earth and we can hardly believe she's ours."

'I HAD NO VOICE'

Shazia Mirza studied science and became a teacher to keep her parents happy – and had to brave their horror when she switched to comedy

It took courage for Shazia Mirza to defy her parents' wishes and pivot from a career as a science teacher in a tough inner-city school to stand-up comedienne. But despite sell-out tours and appearances on *EastEnders* and *Have I Got News For You*, when Shazia hit midlife her confidence began to wane.

"For a long time I forgot how good I was at what I do," she tells Ateh Jewel on this week's episode of **HELLO!**'s Second Act podcast.

"I used to come out at a gig and think, 'Of course they're going to laugh.' I've done it so many times, I know how to do this. But you can lose your confidence as you get older. Sometimes you put on weight, or don't look as good as you used to, and get self-conscious, or think: 'Maybe I'm just not that good any more.'"

"Because you're still going up the mountain, you don't look down to see how far you've come. You have to have great friends to remind you just how good you are, how great you look, how far you've come, what you've overcome to achieve."

Growing up in Birmingham, Shazia, now 53, felt she "had no voice" as she tried to conform to being a "good Muslim woman" for her strict family.

MOMENT OF TRUTH

When one of her students stole science equipment to sell to a dealer for drugs, it gave her the push – and the material – to follow her dreams and become a comedienne.

"I just remember looking out the window thinking, 'You know what? I cannot do this for the rest of my life just so that my parents can say my daughter is a scientist.'"

"I felt all my life I had no choice but to break these barriers down one by one, otherwise I would just be a really unhappy woman. What would be the point of me being alive?"

Appearing on TV inspired some of her old students – some of whom were in prison – to reach out.

But her parents were "horrified" by her change in career, only acknowledging it when she landed a role as a doctor on *EastEnders*.

"I felt sorry for my mum because I chose to do this. I didn't expect her to receive abuse for it."

The comedy circuit has changed for the better since she started out, Shazia says, with women talking about "taboo" topics such as menopause and middle age. Getting older in her career, she adds, is a bonus. "You only really get good

when you get older because you have things to talk about. You don't care." **H**



Listen to **HELLO!**'s Second Act podcast now on Apple Podcasts, Spotify, Amazon Podcasts and YouTube



HOMeward BOUND

Alan Cumming delights in his return to Scotland, his first season as a theatre director and the thrill of appearing in The Beano

Alan Cumming has played the Devil, God and the Pope, won both Tony and Olivier awards, had his face on a US postage stamp and earned a star on Hollywood Boulevard.

But perhaps the greatest accolade came shortly before his exclusive interview with **HELLO!**, when he visited the offices of The Beano in Dundee to see himself depicted in a comic strip alongside Dennis the Menace.

"I just can't believe that this is my life," he says delightedly. "The Beano is certainly up there with getting my star on the Hollywood Walk of Fame. I think it's good to still have a sense of wonder about these things."

Alan's current role – between starring in Russell T Davies's forthcoming drama series *Tip Toe* and hosting the US version of *The Traitors* – has taken him back to his roots in Scotland.

HIGH-PROFILE ROLE

He is presenting his first season as the artistic director of the Pitlochry Festival Theatre, a small complex of spaces in a Highlands town of fewer than 3,000 people.

The theatre has always punched above its weight, but with Alan's star power it is attracting world-class directors and performers including Maria Friedman (who will direct Alan as Henry Higgins in *My Fair Lady*) and Simon Russell Beale (who will play *Liberace* in the world premiere of *I'll Be Seeing You*).

The season will also feature Shirley Henderson, best known for her roles in the *Harry Potter* films and *Happy Valley*, starring opposite Alan in the musical *A History of Paper*.

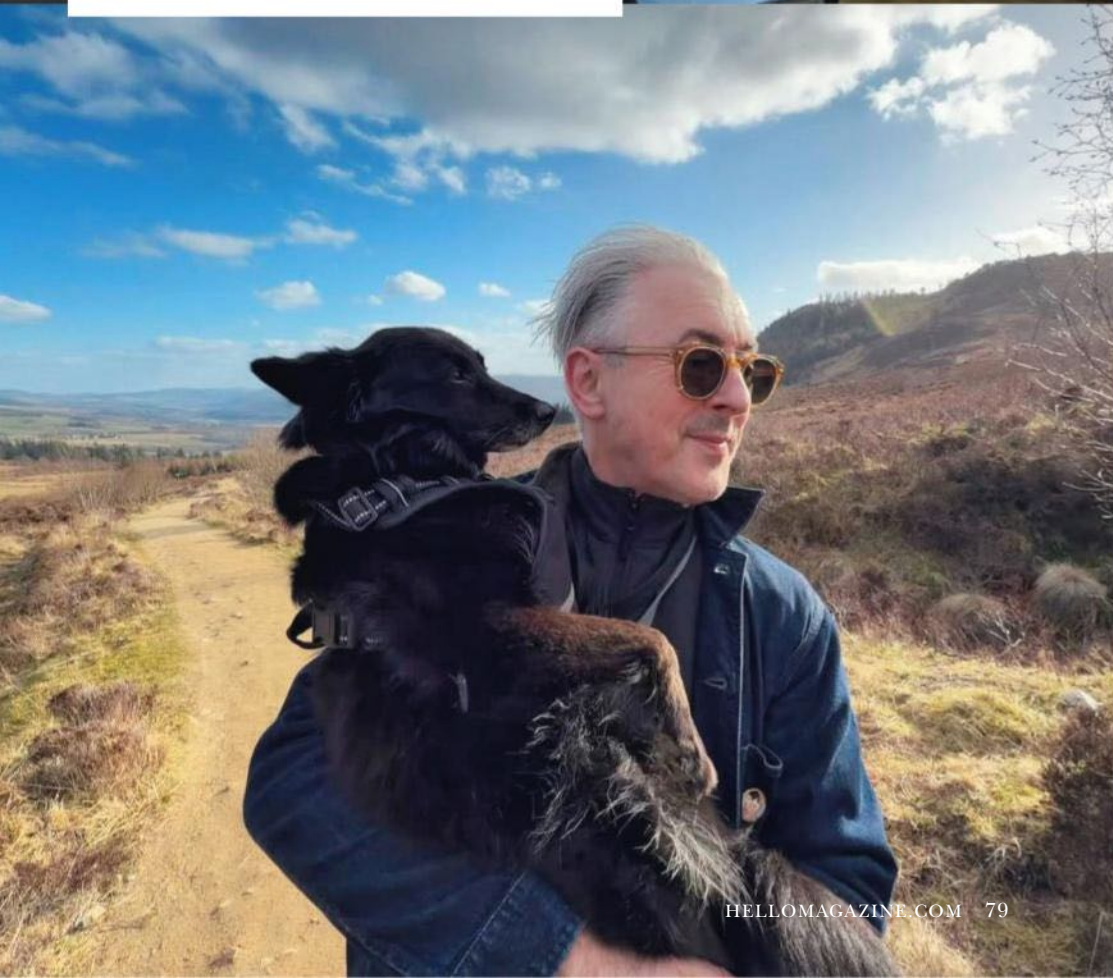
Alan, 61, whose career has included playing *Nightcrawler* in the *Marvel* films and the *Master of Ceremonies* in *Cabaret* on Broadway, says that he applied for the job online.

"I've only ever applied for two jobs in my life, but I got both of them," he says.

He got the idea when he met the previous artistic director, Elizabeth Newman, while he was



Alan with Claudia Winkleman at last year's Bafta TV Awards – although both the US and UK shows are filmed at Ardross Castle, it was the first time the two hosts had met – and (below) with his dog, Lala



making a documentary about the Royal Scotsman train. "I sort of went: 'What?' But she really planted a seed."

When he heard that the job was being advertised, he emailed the recruitment firm, who thought he was a hoaxer. "They didn't think it was really me."

In 2024, he made a trip to meet the theatre's trustees during a break from filming *Glenrothan*, Brian Cox's 2026 directorial debut. "It was like getting off early from school. Brian was very excited for me."

SCOTTISH CHILDHOOD

Alan was born in Aberfeldy, eight miles from Pitlochry, and grew up in Angus, 31 miles away from the theatre. His 2014 memoir, *Not My Father's Son*, recalled a deeply unhappy childhood with his forester father, who would set him an impossible task and beat him when he inevitably failed to complete it.

Does spending more time where he grew up help him to confront that childhood trauma? Alan is sceptical.

"That is an amateur psychological position you could take, but I feel that what I'm doing [with the theatre] is really the one part of my childhood where I did feel supported and happy and not alone – and that was in my local theatre club."

Acting and going to drama school gave him a way out, he says. "My childhood, like many ►

people's childhoods, was difficult, but I've dealt with it. Actors get the chance to explore emotions and things that most people don't.

"But mostly, I feel that the book I wrote about my childhood was much more of a way to explore all those feelings."

He is grateful to Scotland for subsidising theatre and helping him to find a path for himself. "I always think that if I'd been American, I would never have been me, because my parents wouldn't have been able to afford to send me to a drama school. So, I feel very lucky to be Scottish.

"I'm coming back and giving something back to Scotland and to the arts community that gave me so much 40 years ago."

HOME RENOVATIONS

He and his husband, Grant Shaffer, an American illustrator, moved back into their 18th-century house near Inverness in May after a "huge renovation" that kept them out for a year and a half.

"Even though we've modernised it, we don't want it to look all modern and chic, like a hotel. We wanted it to feel like how it used to be, just less draughty and with fewer walls."

His favourite addition is underfloor heating. "It's on the edge of a big cliff. It's beautiful but [was] very cold, with rattly old windows and clanky heating. Now it's all super-duper and it's going to be really cosy.

"That, to me, is such luxury – the idea you don't have to put your slippers on and go to the loo and not feel you're going to the North Pole."

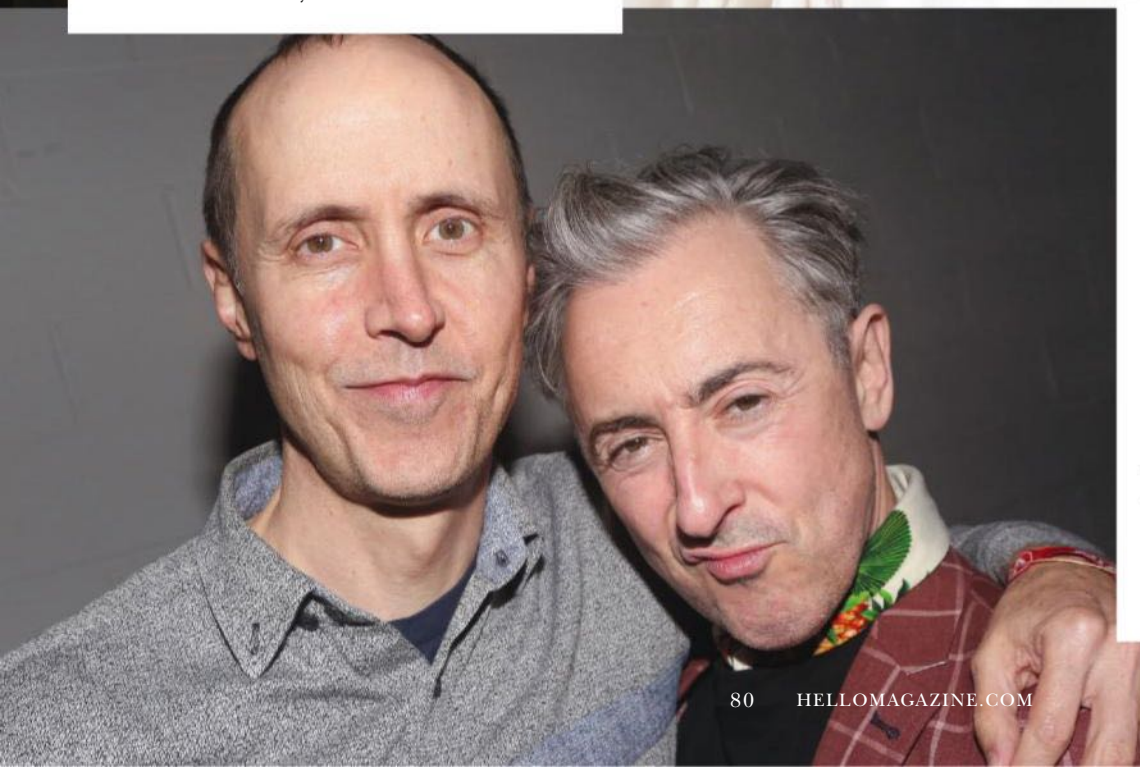
The actor will not, he says, follow in the footsteps of the King and spend only his summers in the Highlands.

"I'm not like the royal family," he laughs. "I'm here more now than I am in New York. I live between the Highlands of Scotland and the East Village in Manhattan and I think it's a really great combo.

"Especially now, it's nice to be outside America. Even though I live in New York, and New York is not really America, it's hard to think [about] what is happening there. I feel very lucky to have another passport and another life and another home."

He is about to begin filming at Ardross Castle for the next series of *The Traitors US*. Although he and Claudia Winkleman "never cross" paths on the show – they first met at the Bafta TV

Alan in a publicity shot for an episode of *The Traitors US* titled *Til Death Do Us Part*; and (below) with his husband, Grant Shaffer



Awards last year – they do "leave little notes for one another to say hello".

"[The game] is like a form of psychological torture. Something I've noticed is that around episode six they all go a bit nuts and make really irrational, stupid decisions as a pack, then they split off and find their own way again."

Would he make a successful contestant? "You'd think I might have some extra-special skills because of my access, but I don't know if I would," he says. "I love having an arena seat at the very core of it. When I'm in that room for the round table, I'm watching it all, thinking: 'God, do I have to break up a fight in a minute?' It gets insane at certain times. Also, it would be really weird if I wasn't able to go to my room in the castle... and not lie in my big bed."

INTERVIEW: JACK MALVERN

*The Pitlochry Festival Theatre's 2026 season, which includes productions of *Once*, *Lear* and *A History of Paper*, runs until 31 December; pitlochryfestivaltheatre.com*

**‘I’VE ONLY
EVER APPLIED
FOR TWO
JOBS IN MY
LIFE – BUT
I GOT BOTH
OF THEM’**





'BELIEVE IN YOURSELF'

Musical theatre singer Sydnie Christmas on writing inspiring anthems, setting her sights on pop stardom and meeting the King

Sydnie Christmas stole the nation's hearts when she won Britain's Got Talent in 2024. Now, the singer from Kent has swapped musical theatre for a pop career as she releases her new single, Run.

It's the type of powerful anthem you'd expect from a star described by Simon Cowell as "absolutely brilliant" – and it's one that she would love the England women's rugby team to adopt, having played the sport herself.

"That's a dream of mine," says Sydnie, 30. "For the Red Roses to walk out on the pitch and it be playing – or, even better, for me to be singing. I want it to be their game song."

The song features on Sydnie's second album, which is out in September and will introduce listeners to her original songwriting. Her first album, the covers collection *My Way*, topped the iTunes charts in both the UK and the US.

Here, the star tells **HELLO!** why she's feeling on top of the world.

Sydnie, how has life been for you since you won Britain's Got Talent?

"It's been crazy – really fun – to learn a new side of this industry that I didn't know. I've been like a sponge, taking in all the information and opportunities that have come my way."

You performed for the King at the Royal Albert Hall in London. Did you get to meet him?

"Yes; it was amazing. The King was so lovely. He said: 'So, Sydnie, did you start singing in your bedroom?' I was like: 'Yeah, you could say so.' He said: 'You're the girl off the competition, aren't you?' He's just like your grandad. He's brilliant."

What inspired your new single, Run?

"I feel as though the lyrics just fell out of me. I've been writing songs since I was young. I wanted to write a song that was saying: 'Fight for your life, fight for your dreams, believe in yourself.' I wanted to write an anthem because I love them. They get me out of bed and they're on my playlist."



Sydney with Britain's Got Talent hosts Anthony McPartlin and Declan Donnelly, plus judge Amanda Holden

'MEETING THE KING WAS AMAZING. HE'S LOVELY – JUST LIKE YOUR GRANDAD'

Tell us about your forthcoming album...

"I've been working on it for nearly a year. I wanted this album to be full of music that I love, and in different styles. I had full creative control, for which I'm very grateful, and full support from my label."

What does your boyfriend, Harry, think of your musical success?

"He's so supportive. The first time he ever saw me was on Facebook reels, where the My Way audition popped up. He messaged and said: 'Sydney, I must take you out for a drink.' Eight months later, I was like: 'Well, he's cracking on, isn't he?'"

"I ended up meeting him and here we are – the rest is history. He's an absolute ten as well!"

What has it been like to move from musicals to pop music?

"Musical theatre is all I ever knew, because when I was younger, my parents didn't know what to do with me. They got some advice and someone went: 'Put her in a theatre school.' All I wanted to do was sing."

"Then, seeing the other side of the industry, I completely fell in love with it."

Before you were singing, you were aiming to become a personal trainer...

"Yes – I still need to finish the course. At the start of the year, I was cracking on with it, but I got a bit busy with work. I've just got one more module to do, then I can send it in. I run a lot. I love the gym and I love looking after myself. I eat really well. Health is wealth."

When are your next concerts?

"I've got a few shows in the US; I'm doing a mini-tour out there. I feel as though I've got more of a fan base over there than I do here, but that's great. I'm very hands-on and I talk to them. Some of [Sydney's US fans] have made friends with my family. I call them 'fams' instead of 'fans'."

"We're aiming to get some UK dates together, so more news to come."

What are your dreams now?

"To be able to keep touring my albums. My first tour was off the back of Britain's Got Talent. It was my first album, a cover album, on which I reimagined classic songs. It was the most amazing experience."

You said you'd love to work with Sam Ryder...

"Yes. I haven't yet; he's so busy with Jesus Christ Superstar, isn't he? Maybe one day. He's brilliant. I've never met him, but everything that I've seen of him, he's a darling."

We love your surname. It's so happy and jolly...

"It's so stupid, isn't it? The number of people who think I've made it up... why on Earth would anybody do that? I remember being in primary school saying: 'My dad is Father Christmas.' I was a little jokester from quite early on."

Surely you need to release a Christmas single...

"Funnily enough, the first song I wrote and recorded when I was 14, I've since re-recorded as a 30-year-old woman, and it's a Christmas song. It's on the cards..."

INTERVIEW: SOPHIE HAMILTON

Sydney's new single, *Run*, is out now

DON'T MISS THIS WEEK...



EVENT

KATHERINE JENKINS – 25-YEAR ANNIVERSARY TOUR

The Welsh classical music sensation Katherine Jenkins celebrates 25 years of music with her first tour in five years, performing her most beloved songs across the UK and Ireland.

Touring in October



BOOK

THE THINGS WE NEVER SAY

Pulitzer Prize-winning author Elizabeth Strout delivers another surefire hit with the story of sweet-natured high-school teacher Artie Dam, whose world is upended when he discovers a life-altering family secret.

Out now, published by Viking, priced £18.99



EXHIBITION

1996: 30 YEARS ON

From original costumes worn by the Spice Girls to Oasis memorabilia, this free nostalgic exhibition, curated by the journalist Dominic Mohan, relives the glory of the Nineties.

At the Barbican Music Library, London, until 19 September



TV

CAPE FEAR

Happily married attorneys Anna (Amy Adams, above) and Tom Bowden (Patrick Wilson) face a growing threat when the notorious killer they put behind bars (Max Cady, played by Javier Bardem) is released from prison – and wants revenge.

On Apple TV from 5 June

HELLO! FASHION

DISCOVER NEW LOOKS TO LOVE



LATEST ISSUE OUT NOW

- ◆ YOUR DEFINITIVE HIGH STREET SHOPPING EDIT
- ◆ THE HOTTEST BEAUTY TIPS & TRENDS
- ◆ THE LATEST IN LUXE LABELS
- ◆ EXCLUSIVE CELEBRITY & FASHION INSIDER INTERVIEWS

SUBSCRIBE
ONE YEAR
(SIX DOUBLE ISSUES)
FOR ONLY £23
PLUS
ENJOY FREE
DELIVERY



VISIT [CHECKOUT.HELLOSUBSCRIPTIONS.CO.UK/JJ24](https://checkout.hellosubscriptions.co.uk/JJ24)

OR CALL 01858 438430 QUOTING HFMJJ24 OR SCAN THE QR CODE

Terms and conditions: Offer applies to new one-year UK print subscriptions only and is not available for digital subscriptions. The rate of one year for £23 is limited to Direct Debit payments and will automatically renew at the rate of £23 for one year. You will be notified should the price go up thereafter. One-off payments are also possible – please see website for details. Subscriptions will begin with the next available issue. For quality and training, we may monitor communications. For queries about existing subscriptions or new orders, email hfm@subscription.co.uk. One-year subscriptions comprise six issues a year. The full UK subscription rate is £23.94.

STYLE

FASHION | WELLBEING



*Look on the ball at
Wimbledon, stay
hydrated in sweltering
weather and dare to bare
your natural nails*



TILLY SVEAAS
Olive enamelled
gold T-bar chain,
£145

LAUREN RALPH LAUREN
Polka-dot scarf, £90



THE PRINCESS OF WALES



ISLA FISHER



JODIE COMER



HOBBS
Pure cotton
embroidered
midi-waisted
dress, £179

WIMBLEDON WINS

*Balance chic polish with effortless
comfort for a day on Centre Court*



MULBERRY
Small crochet
bucket bag, £445

FASHION



MONSOON
Cleo lace polka-dot
midi dress, £80

LIPSY Cream
polka-dot
oversized bow
fascinator hat, £65



**ASPINAL
OF LONDON**
Enamel huggie
earrings, £115



SELF-PORTRAIT
Embroidered
paisley cotton midi
dress, £450



BODEN
Woodbridge
relaxed blazer,
£199



REFORMATION
Alden cashmere
poncho, £178,
Mason short
pants, £198,
and Jessie thong
sandals, £148



**RUSSELL &
BROMLEY**
Lauren disc
sandals, £175



CYNTHIA ERIVO



WHISTLES
Brown aviator
sunglasses, £89



RIXO
Abi chiffon
midi dress,
£295



ROBIN WRIGHT



MINT VELVET
Cream scallop-front
short-sleeved
blazer, £180, and
cream tailored
wide-legged
trousers, £160

**HOLLAND
COOPER**
Wear All Day
Chelsea heels, £179



A full-page photograph of Angela Scanlon, a woman with long, wavy red hair, smiling broadly. She is wearing a white school-style shirt with a blue and white patterned collar and cuffs, a green and blue plaid tie, and a dark green pleated skirt. She is holding the collar of her shirt with both hands. The background is a dark, textured curtain.

TALON SHOW

*The TV presenter Angela Scanlon on
why bare nails are her quiet rebellion*

Never before have our hands – and fingertips – been pulled into such high-definition focus. Between constant scrolling and curated posting, our digits are under more scrutiny than ever. Nail salons are edging coffee shops out of the social spotlight and booking a manicure feels as routine as ordering a double venti macchiato.

But has this accessibility ushered in a new era of aesthetic pressure? The TV presenter, broadcaster and writer Angela Scanlon reveals that she is opting out of these “invisible expectations” and talks about the power of reclaiming time.

“I’ve been thinking a lot about nails lately, which feels like a deeply unserious way to be spending my one wild and precious life. And yet, here we are,” she says. “For years, my nails were always done. Gel, shellac, BIAB; whatever acronym the beauty industrial complex was pushing that month, I signed up without question. Not because I particularly loved them, or because they felt like self-expression or creativity or even pleasure. I didn’t sit in the salon chair thinking: ‘This is me.’ I sat there thinking: ‘This is what you do.’”

“Somewhere along the way, without having ever consciously agreed to it, having your nails done became a requirement. Not a choice or a treat, but part of the baseline maintenance of being a woman who ‘looks after herself’. It slipped into the same mental category as brushing your teeth or owning a decent coat – not optional, not expressive, just expected.”

WHEN ‘DONE’ BECAME DEFAULT

“I remember working in New York years ago and being struck by how universal manicures were. Every woman, everywhere, had immaculate, glossy nails. It felt corporate, almost. Nails as uniform; a small but potent signal that you were competent, polished and in control of your life.

“That wasn’t really how I grew up. In much of Europe, manicures were occasional, a treat – something you did for a wedding or a holiday, not a default setting of womanhood. But over time, that distinction blurred. What was once optional quietly became standard, and what was standard became unquestioned. Recently – as I’ve been doing with a lot of things in my life – I started asking myself a deceptively simple question: why? When is a ‘habit’ actually an obligation?”

“This isn’t an anti-nails manifesto. If nail art is your thing, if you genuinely enjoy the ritual, the colours, the tiny canvases on your hands, this isn’t about you. That’s expression. That’s joy. That’s a choice. But if you’re doing it because you’ve absorbed the idea that it’s the bare minimum requirement to be seen as put-together, professional or feminine enough, I think it’s worth pausing.”

TAKING BACK TIME

“Every other week, I was giving up an hour and a half, sometimes two, to get there, sit there, pay for it and schedule my life around it. Two hours, twice a month, for something I felt largely indifferent about.

“I am a busy woman: I have work I care about, things I want to create, people I love deeply and a life I’m actively trying to live. And at some point, it landed properly: why was I donating this much time, money and mental energy to something that gave me very little in return?”

THE HEALTH PART

“What surprised me most was that this decision wasn’t just emotional or philosophical; there were practical considerations, too. There’s growing evidence that frequent gel and shellac manicures aren’t entirely benign. The UV or LED lamps used to cure polish contribute to skin ageing on the hands and may slightly increase the risk of skin cancer over time – low-level, yes, but cumulative. Gels thin the nail plate, leaving nails brittle and prone to peeling, often creating the very problem they promise to solve.

“Then there’s chemical exposure. Many nail products contain endocrine-disrupting chemicals, such as phthalates and formaldehyde derivatives, which have been linked in some studies to hormonal disruption. The long-term effects aren’t fully understood, and I’ve reached a point in my life where I’m not especially interested in being a test subject.

“Add to that the dependency loop – weak nails requiring gel nails that lead to weaker nails – and it starts to look less like self-care and more like a closed circuit that capitalism absolutely loves.”

GOING BARE

“Letting my nails just be nails again has been unexpectedly liberating. They’re short. They’re imperfect. They chip sometimes. They look like the nails of someone who uses her hands – someone who cooks, types, gestures wildly, lives.

“But more than how they look, it’s what I got back that surprised me most. Sunday afternoons that weren’t booked

out weeks in advance. Money that stayed in my pocket. A recurring calendar slot I hadn’t realised was quietly draining me. A small but meaningful amount of mental bandwidth.

“In a culture that constantly tells women to add more – more maintenance, more optimisation, more effort – there is something quietly radical about choosing to do less. This isn’t really about nails. Bare nails are just a symbol. It’s about questioning the invisible labour we perform without ever formally consenting to it; the maintenance we inherit and continue not because it serves us, but because it’s what’s always been done.

“I’m giving up performing womanhood for external approval, treating my time as endlessly available and confusing maintenance with self-worth. This year isn’t about taking more on, it’s about subtraction – about asking why, making space and choosing where my energy actually goes. Bare nails aren’t the point. Freedom is.”



Angela: “Letting my nails just be nails again has been unexpectedly liberating”

Since Stanley cups and Yeti water bottles became status symbols – no self-respecting Pilates princess would be seen without one beside her Reformer bed – we’ve increasingly become a nation obsessed with hydration. Which is handy, given that as we head into the summer months, we’re certain to be inundated with messages to drink more water.

From signs on transport networks advising us to carry water in hot weather to our exercise instructors imploring us to stay hydrated if we’re working out when it’s warm, our water consumption has become another wellness box to tick.

HOW MUCH DO WE NEED?

Traditionally, we’re told that eight glasses of water per day is the gold standard. But what size of glass? And surely it depends on factors such as our size, how much activity we’re doing and, with summer on the way, how hot it is outside?

Christopher Harris is a hydration expert who works with the health calculator website calculating.com, a platform that helps you to work out wellness sums, from how much sleep you need to how many calories you burn while walking. He says there’s an easy way to figure out how much water you should be drinking.

Christopher explains that, as a baseline, we should drink 30ml to 35ml of water for every kilogram of our body weight per day. “This formula scales with your body and immediately gives you a more relevant number than a generic daily target ever could,” he says.

For the non-mathematically minded among us, to use the formula, you multiply your weight in kilograms by 30 for an estimate, or by 35 if you tend to be more active or live in a warmer climate. The result is your approximate daily water target in millilitres.



DRINK UP

There are times – including during exercise – when we need to increase our water intake, due to the water we lose through sweat. Christopher recommends adding an extra 500ml to your intake for every 30 to 60 minutes of moderate exercise.

When it’s hot, our bodies use our hydration reserves more quickly, as we sweat to regulate our core temperature. On these occasions, add an extra 500ml to one litre to your daily intake.

We need more water when travelling, too; cabin air in planes, for example, has low humidity, causing the body to lose moisture faster than it would on the ground. To combat this, drink one glass of water roughly every hour during a flight.

HYDRATION HEROES

1. Electrolytes

Available via drinks such as Powerade, or powder sachets and tablets that you add to water, electrolytes are having a moment, with searches up 755%, according to Boots.

These essential mineral salts carry an electric charge that helps the body to regulate fluid balance, says the nutritional therapist Zoë Hill. We lose electrolytes when we sweat, and although water is often enough to replenish them, you can amp up your hydration by replacing them if you’re working out for more than an hour or are in a humid country.

We rate **Wellthy by Boots’s Daily Hydration+ Electrolyte Powder in Smooth Blueberry** (£7 for 12 sachets) and **Humantra’s Berry Pomegranate Electrolyte Powder** (£19 for 15 sachets).

We’re also patiently

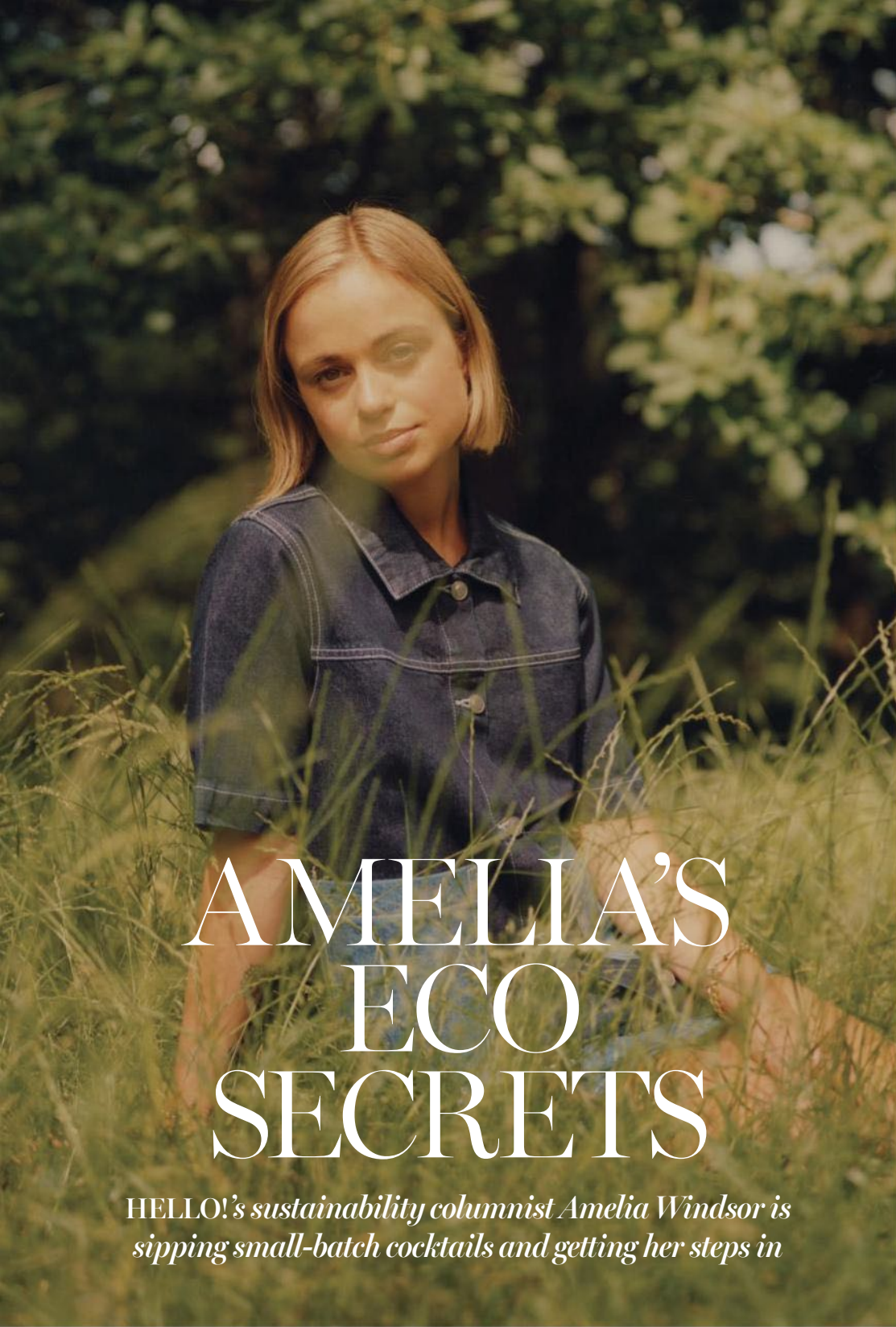
waiting for Kylie Jenner’s K20 electrolytes to hit UK shores – they combine collagen and hyaluronic acid with electrolytes for a combined beauty-hydration hit.

2. Echo Flask Hydrogen Water Bottle, £299

This high-tech bottle infuses your water with molecular hydrogen, a potent antioxidant proven to help to combat oxidative stress, support recovery and promote long-term vitality. The bottle pairs with an app to track your hydration and hydrogen intake.

3. AirUp, from £24.99 If you find water boring, Air Up’s bottles come with fitted pods that flavour your water through scent. The scented air is inhaled while you drink, which the brain interprets as taste, creating flavour without sugar. The pods cost £5.99 for three, and each pod flavours at least five litres of water.





AMELIA'S ECO SECRETS

HELLO!'s sustainability columnist Amelia Windsor is sipping small-batch cocktails and getting her steps in

GET AWAY Middleton Lodge, Richmond

Set within 200 acres of North Yorkshire parkland, Middleton Lodge is a restored Georgian estate that has stayed true to its historic shape and feel, complete with stone walls and timber beams. The walled garden, designed by the landscape architect Tom Stuart-Smith, grows seasonal produce for the kitchens, also inviting guests to wander through for a moment of peace. The hotel has a strong focus on sustainability, using biomass heating and zero-waste systems such as the biodigester, which breaks down organic waste, including food scraps, in an oxygen-free environment.



STEP UP Paace app

Earn points for your steps with the Paace app, which encourages you to walk more with the promise of treats at the end of your stroll – a win-win situation. Simply enter your location and the app will guide you on foot to a plethora of locations offering discounts for coffee shops, restaurants and even exercise classes.



FRESHEN UP Curo shower head

If you live in an area with hard water, you'll know how harsh it can be on your skin and hair. The Curo filtered shower head is here to help, removing up to 99% of heavy metals and chlorine from your shower water. The filters use 90% less plastic than regular filters and are designed using recycled non-woven cloth.



SUMMER SIPPING Too Easy margaritas

Nothing says summer like a margarita, and I'll be drinking those by the small-batch drinks brand Too Easy. Handmade in Devon using organic agave nectar and 100% lime juice, they're available in large glass bottles to share with friends or as handy tin-canned tequila seltzers if you're on the move.



PUZZLE TIME

TIME TO
TAKE A
BREAK

Train your brain with our tea-break teasers.

Answers next week

WORDSEARCH

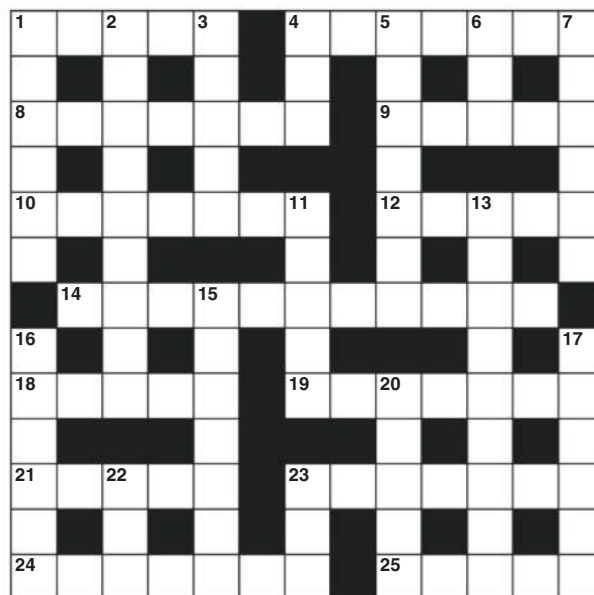
E	S	N	O	B	S	I	L	C	G	T	Y	B
J	O	I	Z	T	A	D	B	C	S	H	U	R
P	F	G	K	N	A	E	I	E	M	R	C	U
O	I	Z	A	N	R	L	P	R	E	H	U	S
K	A	R	A	L	I	A	L	Y	D	O	T	S
S	I	E	I	G	D	S	K	I	Y	A	E	E
T	T	N	M	U	R	J	L	C	N	D	M	L
A	S	R	B	O	A	E	G	E	M	N	E	S
T	A	P	O	V	R	T	B	R	H	F	E	H
H	F	U	I	E	A	T	T	E	L	L	A	V
E	L	K	O	C	N	I	C	O	S	I	A	D
N	E	L	O	N	D	O	N	R	T	E	G	M
S	B	P	A	R	I	S	A	N	N	E	I	V

Locate all these European capitals in the grid. The answers always appear in a straight line – forwards, backwards, up, down or diagonally. You can use letters in the grid more than once.

ATHENS
BELFAST
BERLIN
BRUSSELS
BUDAPEST
HELSINKI
LISBON
LONDON
MADRID
NICOSIA

PARIS
REYKJAVIK
ROME
SKOPJE
SOFIA
TALLINN
TIRANA
VALLETTA
VIENNA
ZAGREB

CROSSWORD



ACROSS

- 1 Entry of a sum owed (5)
- 4 Cricketer (7)
- 8 By law (7)
- 9 Fixed proportion (5)
- 10 Neptune's three-pronged spear (7)
- 12 Rummage (through) (5)
- 14 Rough, inaccurate (11)
- 18 British peers (5)
- 19 French vineyard estate round a castle (7)
- 21 Slogan (5)
- 23 Construct again (7)
- 24 Make-believe (7)
- 25 Correct (5)

DOWN

- 1 Rub out (6)
- 2 Fairground ride (3,6)
- 3 Fine silk net (5)
- 4 Cook in fat (3)
- 5 More common name for the tympanum (7)
- 6 Full stop in internet addresses (3)
- 7 Member of an unruly mob (6)
- 11 Very harmful (5)
- 13 High-calorie (9)
- 15 Meatball (7)
- 16 Collaborate (with) (4,2)
- 17 Expert on a subject (6)
- 20 Fossilised tree resin (5)
- 22 Golf-ball stand (3)
- 23 Angler's pole (3)

LAST WEEK'S ANSWERS

S	I	D	O	E	F	L
K	A	T	S	U	N	E
Y	C	T	E	E	S	G
B	E	T	H	Y	S	P
E	R	P	O	O	L	L
S	I	N	C	E	R	A
B	A	D	J	O	U	R
L	I	M	P	O	W	L
Z	R	A	Y	N	E	E
T	A	X	I	S	P	A

LIVING

FOOD | TRAVEL | LUXURY

*Honey & Co Daily
is full of delicious,
wholesome and
seasonal recipes
– food that turns
even the quietest
of occasions into a
moment of joy*

BROAD BEAN & COURGETTE SHAKSHUKA *Serves 4 for brunch*

"Just like pasta, eggs generally need to be eaten the moment they're ready. Make sure everyone is at the table, the bread is warm and everything else is in place before those eggs come off the heat."

INGREDIENTS

- 4 tbsp olive oil
- 4 garlic cloves, peeled and halved
- 1 large onion, halved, peeled and finely sliced (around 120g/4¼oz)

- 3 courgettes, finely sliced (around 500g/1lb 2oz)
- 1 tsp flaky sea salt
- Around 500g/1lb 2oz frozen broad beans
- 1 small bunch of basil (about 20g/¾oz), leaves picked and roughly chopped
- 1 small bunch of parsley (around 20g/¾oz), leaves picked and roughly chopped
- 8 eggs

- Flaky sea salt and freshly ground black pepper

1. Heat the olive oil and garlic in a large frying pan. As soon as the garlic starts to sizzle, stir in the sliced onion and fry for 2 minutes.
2. Add the courgette slices with the teaspoon of salt, cover and cook for 10 to 12 minutes, stirring occasionally, until the courgettes fall apart and become mushy.

3. Mix in the broad beans and chopped herbs, then stir in 100ml/3½fl oz of water. Bring to the boil and allow to cook, uncovered, for 4 minutes.

4. Crack the eggs into the sauce and sprinkle generously with sea salt and freshly ground black pepper. Cover and simmer for 4 to 5 minutes until the whites are set but the yolks are still runny. Serve immediately. ►

ZINGY TOMATO & ORANGE SOUP WITH BASIL SALSA Serves 4

"The kind of soup we love is hearty and rich – a meal in its own right, not just a warm-up act for something else."

INGREDIENTS

For the basil salsa

- 50g/1¾oz fresh basil, leaves picked (keep the stems for the soup)
- 1 garlic clove, peeled and minced
- 1 tsp unwaxed orange zest and 2 tbsp fresh orange juice (cut off the slices for the soup before you juice the fruit)
- A generous pinch of flaky sea salt and freshly ground black pepper
- 2 tbsp olive oil

For the soup

- 2 tbsp olive oil

- 2 onions, peeled and diced (around 250g/9oz)
- 4 garlic cloves, peeled and sliced
- 1 red chilli, deseeded and sliced
- 2 tsp sea salt
- 2 thick slices of unwaxed orange, skin and all
- 1 tbsp coriander seeds
- 2x 400g/14oz tins peeled tomatoes
- 1 tsp caster sugar
- Freshly ground black pepper
- 3 tbsp uncooked rice (basmati or long grain works best)
- Any remaining orange juice

1. Finely chop the basil leaves for the salsa and pop them in a small

bowl. Tie the basil stems to your mixing spoon with a little string so that they infuse the soup as you cook.

2. Add the garlic, orange zest, orange juice, salt and pepper to the chopped basil and mix well, then stir in the olive oil. Set aside until your soup is ready.

3. Heat the olive oil for the soup in a large saucepan on a medium heat and add the diced onions, garlic and chilli slices, plus 1 teaspoon of salt. Saute for around 5 to 6 minutes (not long enough to colour), then add the orange slices and coriander seeds. Saute

for a further 5 to 6 minutes, stirring occasionally.

4. Add the tinned tomatoes, then use the tins to add 3 tins of water. Stir in the sugar, a second teaspoon of salt, black pepper and rice, along with any remaining orange juice.

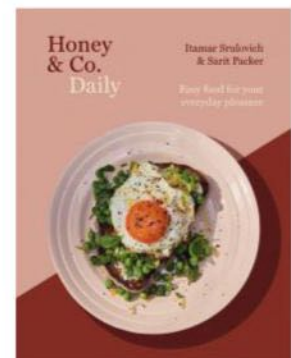
5. Simmer on a medium heat for 30 minutes, stirring occasionally.

6. Remove the basil stems from your spoon and discard. Use a stick blender to blitz the hot soup to a puree, then taste and adjust the seasoning if needed.

7. Serve each bowlful drizzled with a tablespoon of the basil salsa.



"The kind of soup we love is hearty and rich – a meal in its own right, not just a warm-up act for something else"



SWEET AS HONEY

Good food can make any moment feel special, and that's what Itamar Srulovich and Sarit Packer bring to the table with their new cookbook, *Honey & Co Daily*. The award-winning restaurateurs celebrate the everyday with food that looks great and tastes sensational without taking all day to prepare. *Honey & Co Daily* by Itamar Srulovich & Sarit Packer, with photography by Patricia Niven, is out now, published by Quadrille, priced £27

ROASTED SALMON SALAD WITH HERB DRESSING Serves 4

"We're not sure what the exact definition of a salad is, but we certainly know one when we see one. And when we see a salad, we're happy. A good salad is an ensemble piece in which all the elements work together to make the dish much greater than the sum of its parts."

INGREDIENTS

For the salmon

- 500g/1lb 2oz salmon fillets
- 1 tbsp olive oil
- ½ tsp ground fennel seeds
- Flaky sea salt and freshly ground black pepper

For the herb dressing

- 30g/1oz chives

- 1 small bunch of dill (20g/¾oz), top half only
- 1 small bunch of parsley (20g/¾oz), top half only
- 1 small bunch of mint (20g/¾oz), top half only
- 300ml/10½fl oz buttermilk
- 2 tbsp olive oil
- 2 tsp Worcestershire sauce
- Flaky sea salt and freshly ground black pepper

For the salad

- 2 little gem lettuces, broken into separate leaves
- 2 small Lebanese cucumbers, or 1 large one, thinly peeled in lengths (skin on)

- 5-6 baby radishes, finely sliced (around 80g/2¾oz)

1. Heat the oven to 200°C/180°C fan/gas mark 6.
2. Oil the salmon all over, sprinkle with the fennel seeds, season with plenty of salt and pepper, and place skin-side down on a baking sheet. Roast for 10 minutes, then remove from the oven. Leave to cool on the tray.
3. Set aside a handful of nice-looking dill fronds, parsley and mint leaves for the salad.
4. Put the chives and the remaining dill, parsley and mint in

a small food processor and blitz as finely as possible. Transfer to a bowl, stir in the buttermilk, oil and Worcestershire sauce, and season to taste with salt and pepper.

5. To assemble your salad plate, make a base layer with the lettuce leaves, then cover with the cucumber ribbons and radish slices. Flake the salmon all over in large chunks and scatter the picked dill, parsley and mint leaves on top.

6. Drizzle the herb dressing all over and serve any remaining dressing alongside, for those who want extra.





HELLO! WORLD

ISLAND OF DREAMS

If you're searching for the ultimate luxury getaway, follow in the sandy footsteps of the Prince and Princess of Wales, who spent their honeymoon 15 years ago in the Seychelles



For the travel-obsessed, the word “wedding” is inextricably linked to the word “honeymoon”; we’ll make any excuse to daydream about once-in-a-lifetime trips to far-flung destinations.

And there’s no wedding finer than a royal wedding, as we were recently reminded when the Prince and Princess of Wales celebrated their anniversary.

Brides- and grooms-to-be need deep pockets if they want to recreate the no-expense-spared honeymoon on which the couple were sunning themselves just over 15 years ago.

In late May 2011, William and Kate travelled to the Seychelles for a break in the uber-luxe resort of North Island. Roughly the size of Monaco, the island is incredibly private, requiring a 20-minute helicopter ride just to get there.

Scuba diving in Silhouette Island’s marine park, hiking with a conservationist, picnics on the beach – the hotel has everything you could possibly want from a castaway island break.

Wild by nature is the ethos, but you won’t miss out on luxury. Each of the 11 villas has a plunge pool, private beach access and no fewer than five members of staff per guest to ensure that your every whim is attended to.

It’s the ultimate island getaway – and it has the price tag to prove it.

How to do it: A week at North Island in the Seychelles costs from £34,975 per person in a Beachfront Villa; includes all meals and flights with Turquoise (turquoiseholidays.co.uk).

Check out our new series *The World from Here* on Instagram every week @hellomag



Clockwise from facing page: stroll on the stunning sands of North Island, stay in a beachfront villa, relax in a master bedroom facing the sea and savour dinner on the beach





MY LITTLE LUXURIES

Nicky Hilton Rothschild

The socialite shares her take on luxury – Korean skincare, dirty martinis and family holidays to Maui

The Hilton heiress Nicky Hilton Rothschild is co-founder of the jewellery brand Theo Grace and a familiar face on the front row of major international fashion shows.

She has appeared in campaigns for fashion houses including Valentino, starring alongside her sister Paris Hilton and their mother, Kathy Hilton, in 2020.

Inspired by her love of personalisation and customisable design, Nicky launched Theo Grace last year. In addition to her collaborations with brands including Rebecca Vallance and French Sole, she recently created a 21-piece collection with the luxury childrenswear label La Coqueta.

She met her husband, the British financier James Rothschild, at the wedding of Petra Ecclestone and James Stunt in Italy in 2011.

The couple, who married four years later in a fairytale ceremony at Kensington Palace, have three children: daughters Lily-Grace Victoria and Theodora “Teddy” Marilyn, and a son, Chasen.

Although they own properties in New York, the family are currently spending more time in London – a city that Nicky says reminds her of the Big Apple but “without the frantic pace”.

My favourite luxury evening is a date with my husband at a great restaurant, a very, very cold dirty martini and no alarm clock the next day.

I am a beauty junkie. I have every lotion, potion, cream and device. I love the Imperial Youth collection [by The Whoo]; it’s powered by a rare, wild ginseng from Korea. I love the whole K-beauty craze.

I’m very into all the devices and beauty tools, as well as washing every morning with a beauty oil. I have LED masks at home. I have a whole routine.

I love eye patches. They’re such a great pick-me-up. Also face masks – my favourite facial in London is by Keren Bartov. She uses medical-grade machines.

I love Maui – it’s my favourite long-haul destination. My family and I went every Christmas when I was growing up, so it reminds me of my childhood. You get off the plane and it smells like the ocean.

More locally, I love my home in Bellport, Long Island.

In my travel bag, I’ll always have a good book, and I also travel with a blanket and barrier spray; U Beauty has just released its new Bioactive

‘WE WENT TO MAUI EVERY CHRISTMAS WHEN I WAS GROWING UP’

Mist. I’m a big spritzer – it’s so important to keep your skin hydrated. I also have a lip-balm addiction, so I’m constantly applying Wonderbalm.

What else do I have in my bag? Since I’ve been travelling so much, I’ve been carrying a Medicube [face] cream and a little Keren Bartov serum. I’ll use it on the plane or in the car when I’m stuck in traffic.

The minute I get home, everything goes off and I get in a robe. I am robe-obsessed, but I don’t really own beauty robes – I like those fuzzy ones. Sorry about that; it’s getting a little too comfortable!



1. Maui, Nicky's happy place
2. U Beauty The Barrier Bioactive Mist, £74
3. The Whoo Imperial Youth Cream, £211
4. Medicube Collagen Jelly Cream, £26
5. Keren Bartov Advanced Skin Repair Serum, £160

A right ROYAL PODCAST

LIVE!

PRESENTS THE REAL DIANA



Join us to celebrate the legacy
of the People's Princess at our
live podcast event

Wednesday 24 June,
Taj 51 Buckingham Gate Suites and
Residences, London SW1E 6AF

WHAT'S INCLUDED?

An intimate event at a beautiful hotel
that was visited by Diana herself

Access to HELLO!'s royal experts Emily Nash
and Andrea Caamaño, and guest speakers
Ingrid Seward, Andy Webb and
Jacques Azagury

A Q&A session and afternoon tea



Standard ticket: £70
HELLO! VIP member? Get
your ticket for £30

HELLO! | VIP



Disney
THE LION KING

LYCEUM THEATRE, LONDON ✦ thelionking.co.uk